

**SCIENTIFIC PROGRAMME**  
**17<sup>th</sup> CPD: "Diabetes Asia 2018" Conference**  
**July 26-29, 2018**

**DAY 1 - JULY 26, 2018 (THURSDAY)**

0700 - 0815     **REGISTRATION**

0815 - 0900     **PLENARY 1**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute (confirmed)*

**BROWN FAT: IMPLICATIONS FOR OBESITY AND DIABETES**

Speaker : Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

0900 - 0945     **PLENARY 2**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia (confirmed)*

**HEART FAILURE IN DIABETES - FROM INCREASED RISK TO A TREATMENT TARGET**

Speaker : Professor Eberhard Standl, *GERMANY*

0945 - 1015     **COFFEE BREAK**

1015 - 1215     ***Concurrent Main Symposium 1***

**MAIN SYMPOSIUM 1A**

**THEME : GESTATIONAL DIABETES**

Chairman: Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*

- i)     **Rising Prevalence of GDM in Asia - Challenges and Solutions**  
Speaker
- ii)    **Medical Nutritional and Pharmacological Therapies During Pregnancy**  
Speaker
- iii)   **Preventing Long-Term Complications of GDM**  
Professor Dato' Sivalingam Nalliah, *International Medical University*
- iv)    **Panel Discussion**

**MAIN SYMPOSIUM 1B**

**THEME : NUTRITIONAL AND PHYSICAL ACTIVITY THERAPIES FOR DIABETES**

Chairman:

- i)     **Evidence-based Nutrition Guidelines for the Prevention and Management of Diabetes**  
Professor Winnie Chee Siew Swee, *International Medical University*
- ii)    **Exercise is Medicine for Diabetics Emphasising Those with Co-Morbidity**  
Associate Professor Mohd Nahar Azmi Mohamed, *University Malaya Medical Centre*
- iii)   **Low-Calorie Sweeteners in Diabetes Management**  
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- iv)    **Panel Discussion**

**MAIN SYMPOSIUM 1C**

**THEME : CARDIOVASCULAR DISEASE PREVENTION IN TYPE 2 DIABETES**

Chairman:

- i)     **CVOTs with Injectables**  
Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*
- ii)    **CVOTs with Oral Agents**  
Professor Eberhard Standl, *GERMANY*
- iii)   **Would Multifactor Intervention further Improve CVD Outcomes?**  
Professor Timothy Davis, *AUSTRALIA*
- iv)    **Panel Discussion**

1215 - 1315 **Concurrent Lunch Symposium 1**

**LUNCH SYMPOSIUM 1A**

*Sponsored by Eli Lilly (M) Sdn Bhd*

Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*

**YOUNG ONSET TYPE 2 DIABETES, COMPLICATIONS AND THE ROLE OF GLP-1 RA**

Speaker : Professor Luc Van Gaal, *BELGIUM*

**LUNCH SYMPOSIUM 1B**

*Sponsored by CCM Pharmaceuticals Sdn Bhd*

Chairman:

**TOPIC**

Speaker :

1315 - 1400 **LUNCH**

1400 - 1530 **Concurrent Experts' Case Discussions and Free Paper Presentations**

**EXPERTS' CASE DISCUSSION 1**

Chairman: Professor Dato' Sivalingam Nalliah, *International Medical University*

**AN OBESE PERSON WITH DIABETES**

Presenter: Dr. Lau Bik Kui, *Sarawak General Hospital*

Panel: i. Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*

ii. Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

iii. Professor Lesley V. Campbell, *AUSTRALIA*

**EXPERTS' CASE DISCUSSION 2**

Chairman: Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre*

**A TYPE 1 CHILD WITH FREQUENT HYPO AND HYPER**

Presenter:

Panel: i. Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

ii. Panel

iii. Associate Professor Sompongse Suwanwalaikorn, *THAILAND*

**EXPERTS' CASE DISCUSSION 3**

Chairman: Dr. Florence Tan Hui Sieng, *Sarawak General Hospital*

**A DIFFICULT-TO-CONTROL TYPE 2 PATIENT**

Presenter:

Panel: i. Dato' Dr. Nor Azizah Aziz, *Penang General Hospital*

ii. Professor Harold E. Lebovitz, *USA*

iii. Professor Samir Naim Assaad, *EGYPT*

**Free Paper Presentations**

*(Details refer to 'Abstracts Free Paper Presentation')*

1530 - 1600 TEA BREAK

1600 - 1645 **PLENARY 3**

Chairman: Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*

**IMMUNOTHERAPY FOR PREVENTION AND TREATMENT OF TYPE 1 DIABETES: AN UPDATE**

Speaker : Speaker

1645 - 1730 **Concurrent Meet the Professor 1**

**MEET THE PROFESSOR 1A**

Chairman : Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

**INSULIN INITIATION AND INTENSIFICATION: WITH WHAT, WHEN AND HOW**

Resource Person : Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

**MEET THE PROFESSOR 1B**

Chairman : Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

**STRATEGIES TO ACHIEVING EFFECTIVE AND SUSTAINED GLYCAEMIC CONTROL IN T2DM**

Resource Person : Professor Harold E. Lebovitz, *USA*

**\*\* END OF DAY 1 \*\***

**DAY 2 - JULY 27, 2018 (FRIDAY)**0715 - 0815 **REGISTRATION**0815 - 0900 **PLENARY 4**Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash Unviersity Malaysia***NEWER DRUGS FOR THE TREATMENT OF DIABETES**Speaker : Professor Timothy Davis, *AUSTRALIA*0900 - 0945 **SPECIAL LECTURE 1***Sponsored by Abbott Laboratories (M) Sdn Bhd*

Chairman:

**TOPIC**

Speaker:

0945 - 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 2****MAIN SYMPOSIUM 2A***Sponsored by AstraZeneca Sdn Bhd***THEME :**Chairman: Dr. Anton Alexander, *AstraZeneca Sdn Bhd*

- i) **Sustainable HbA1c Control in T2DM: Cornerstone with Once Weekly Exenatide**  
Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **Dapagliflozin: From Real World Evidence to Clinical Experience**  
Dr Emily Tan Lay Koon, *Institut Jantung Negara*
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 2B****THEME : MENTAL HEALTH AND DIABETES**Chairman: Dr. Florence Tan Hui Sieng, *Sarawak General Hospital*

- i) **Cognitive Impairment and Alzheimer's in Type 2 Diabetes Patients**  
Professor Ahmad Hatim Sulaiman, *University Malaya Medical Centre*
- ii) **Psychological Outcomes in Relatives of Diabetics: The DAWN Studies**  
Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Clinical Interventions for Diabetes Distress**  
Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*
- iv) *Sponsored by Servier (M) Sdn Bhd*  
**Improving Adherence in Diabetic Patients**  
Dr. Hazli Zakaria, *Universiti Kebangsaan Malaysia Medical Centre*
- v) **Panel Discussion**

**MAIN SYMPOSIUM 2C****THEME : IN-PATIENT DIABETES CARE**Chairman: Dato' Dr. Nor Azizah Aziz, *Penang General Hospital*

- i) **Glycaemic Targets for In-Patients**  
Dr. Zanariah Hussein, *Hospital Putrajaya*
- ii) **Medical Nutrition Therapy in the Hospital**  
Speaker
- iii) **Use of Technology in Hospital Setting**  
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- iv) **Panel Discussion**

1215 - 1315

**LUNCH SYMPOSIUM 2***Sponsored by Pfizer Malaysia Sdn Bhd*

Chairman:

**IMPROVING CV OUTCOMES IN PATIENTS WITH DIABETIC DYSLIPIDEMIA**Speaker : Dr. Choor Chee Ken, *KPJ Rawang Hospital*

1315 - 1400

**LUNCH**

1400 - 1530

**Concurrent Main Symposium 3****MAIN SYMPOSIUM 3A***Sponsored by Zuellig Pharma Sdn Bhd***THEME : CARDIOVASCULAR AND METABOLIC MANAGEMENT**Chairman: Dr. Maziah Ishak, *Sarawak General Hospital*

- i) **Case Illustrations for DPP4 inhibitors for better Diabetes Management**  
Dr. Radhakrishna Sotiratnam, *Columbia Asia Hospital Seremban*
- ii) **Hypertension Update - Evidence of Fimasartan in Asian Patients with Metabolic Syndrome**  
Dr. Radhakrishna Sotiratnam, *Columbia Asia Hospital Seremban*
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 3B****THEME : IS THERE A ROLE FOR THE NEWER INSULINS?**Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*

- i) **Fast and Ultra-Fast Preparations**  
Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **Long and Longer-Acting Insulins**  
Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Future and Alternative Routes of Insulin Administration**  
Professor Luc Van Gaal, *BELGIUM*
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 3C****THEME : DIAGNOSIS AND CLINICAL RELEVANCE OF DIABETES SUBTYPES**Chairman: Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **LADA**  
Speaker
- ii) **Monogenic Diabetes**  
Dato' Dr. Nor Azizah Aziz, *Penang General Hospital*
- iii) **Type 3c Diabetes: The Exocrine Pancreas**  
Professor Bilal Younis, *PAKISTAN*
- iv) **Panel Discussion**

1530 - 1600

**TEA BREAK**

1600 - 1645

**PLENARY 5**Chairman: Dr. Florence Tan Hui Sieng, *Sarawak General Hospital***OLD DRUG METFORMIN: ESTABLISHED AND POTENTIAL BENEFITS**Speaker : Professor Samir Naim Assaad, *EGYPT*

1645 - 1730

**Concurrent Meet the Professor 2****MEET THE PROFESSOR 2A**Chairman : Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre***ADVANCES IN CONTROLLING BLOOD GLUCOSE IN T1DM PATIENTS**Resource Person : Professor Richard Donnelly, *UNITED KINGDOM*

**MEET THE PROFESSOR 2B**Chairman : Professor Winnie Chee Siew Swee, *International Medical University***DIET FOR PEOPLE WITH DIABETES INCLUDING LOW GI AND 'DIABETIC' FOODS AND SUPPLEMENTS**

Resource Person : Speaker

**\*\* END OF DAY 2 \*\*****DAY 3 - JULY 28, 2018 (SATURDAY)**0730 - 0815 **REGISTRATION**0815 - 0900 **PLENARY 6**Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia***PANCREATIC ALPHA AND BETA CELL DYSFUNCTION IN TYPE 2 DIABETES: CURRENT UNDERSTANDING AND TREATMENT PROSPECTS**Speaker : Professor Richard Donnelly, *UNITED KINGDOM*0900 - 0945 **SPECIAL LECTURE 2***Sponsored by Novo Nordisk Pharma (Malaysia) Sdn Bhd*

Chairman:

**TOPIC**

Speaker :

0945 - 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 4****MAIN SYMPOSIUM 4A***Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd***THEME :**

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Topic**  
Speaker
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 4B***Sponsored by sanofi-aventis (Malaysia) Sdn Bhd*

Chairman:

- i) **Topic**  
Speaker
- ii) **Topic**  
Speaker
- iii) **Topic**  
Speaker
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 4C****THEME : ADVANCES IN THE UNDERSTANDING OF GUT MICROBIOTA**Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

- i) **Gut Microbiota on Metabolic Health and Disease: What and How**  
Professor Bilal Younis, *PAKISTAN*
- ii) **Modulating Gut Microbiome: Diet and Drugs**  
Speaker

- iii) **Enough Evidence to Prevent/ Treat Diabetes by Altering Gut Microbiota**  
Professor Samir Naim Assaad, *EGYPT*
- iv) ***Sponsored by Servier (M) Sdn Bhd***  
**The use of *Saccharomyces boulardii* CNCM I-745 in GI Disorders**  
Associate Professor Raja Affendi Raja Ali, *Universiti Kebangsaan Malaysia Medical Centre*
- v) **Panel Discussion**

1215 - 1315

**LUNCH SYMPOSIUM 3***Sponsored by Servier (M) Sdn Bhd*Chairman: Dr. Jeshen Lau Hui Giek, *Borneo Medical Centre***WHAT'S NEXT AFTER METFORMIN? THE PLACE OF SULPHONYLUREAS IN THE LIGHT OF CURRENT EVIDENCES**Speaker : Professor Richard Donnelly, *UNITED KINGDOM*

1315 - 1400

**LUNCH**

1400 - 1530

**Concurrent Main Symposium 5****MAIN SYMPOSIUM 5A****THEME : MORE ON SGLT2i**Chairman: Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **SGLT2 Inhibition and Cardiovascular Disease**  
Professor Lesley V. Campbell, *AUSTRALIA*
- ii) **Use of SGLT2i in Patients with Impaired Renal Function: Safe?**  
Speaker
- iii) **Combining SGLT2i and SGLT1i: Better?**  
Professor Luc Van Gaal, *BELGIUM*
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 5B****THEME : DIABETES IN CHILDREN**Chairman: Dr. Zanariah Hussein, *Hospital Putrajaya*

- i) **Treatment of Obesity and Type 2 Diabetes in Children**  
Professor Wu Loo Ling, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **Practical Use of Glucose Sensors and Insulin Pumps in 2018: How Useful?**  
Speaker
- iii) **Is There Any Role for SGLT2i or GLP-1 RA in Type 1 Diabetes?**  
Professor Eberhard Standl, *GERMANY*
- iv) **Panel Discussion**

1530 - 1600

**TEA BREAK**

1600 - 1645

**PLENARY 7**Chairman: Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre***THE UNMET NEEDS OF MANAGING T2DM: CAN WE DO BETTER?**Speaker : Professor Harold E. Lebovitz, *USA*

1645 - 1730

**Concurrent Meet the Professor 3****MEET THE PROFESSOR 3A**Chairman : Dr. Zanariah Hussein, *Hospital Putrajaya***ENHANCING NURSES' ROLES IN DIABETES CARE**

Resource Person : Speaker

**MEET THE PROFESSOR 3B**Chairman : Professor Abdul Rashid Abdul Rahman, *An-Nur Specialist Hospital***PREVENTING DIABETES: SHARED RESPONSIBILITIES**Resource Person : Professor Samir Naim Assaad, *EGYPT*

**DAY 4 - JULY 29, 2018 (SUNDAY)**0815 - 0900 **PLENARY 8**

Chairman: Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*  
**DIABETES DISTRESS AND DEPRESSION: NEW MANAGEMENT APPROACHES**  
 Speaker : Professor Lesley V. Campbell, *AUSTRALIA*

0900 - 0945 **PLENARY 9**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*  
**THE BORDERLINE BLOOD GLUCOSE (IFG/IGT): SCOPE OF PROBLEM, IMPLICATIONS AND MANAGEMENT**  
 Speaker : Professor Luc Van Gaal, *BELGIUM*

0945 - 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 6****MAIN SYMPOSIUM 6A****THEME : FIGHTING CLINICAL INERTIA**

Chairman: Dr. Zanariah Hussein, *Hospital Putrajaya*

- i) **Clinical Inertia: How to Overcome Barriers to Early Treatment Intensification**  
Professor Bilal Younis, *PAKISTAN*
- ii) **Enabling Patients to Accept Insulin Injections: Practical Approach**  
Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Motivational Interviewing**  
Dr. Lee Ching Li, *International Medical University*
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 6B****THEME : ASSOCIATED DISEASES**

Chairman: Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **Hypertension in Diabetics: What is the Target Now?**  
Professor Abdul Rashid Abdul Rahman, *An-Nur Specialist Hospital*
- ii) **Anti-Hyperglycaemic Drugs for Weight Control**  
Speaker
- iii) **Hypoglycaemia: Marker or Cause of Cardiovascular Mortality?**  
Professor Harold E. Lebovitz, *USA*
- iv) **Panel Discussion**

- 1215 - 1315 **FREE PAPER PRESENTATIONS AWARDING CEREMONY**
- **BEST ORAL PRESENTATION AWARD**
  - **BEST POSTER PRESENTATION AWARD**
  - **PROF MUSTAFFA YOUNG INVESTIGATORS' AWARD**

1315 - 1400 **LUNCH & CLOSE**

**JUDGING PANELS**

**Chief: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia (confirmed)***

Date/Time: **July 26, 2018 (Thursday) 1400 - 1530**

**Section: Prof Mustaffa Young Investigators' Award**

- 1) Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre (Head)*
- 2) Judge
- 3) Professor Eberhard Standl, *GERMANY*
- 4) Professor Timothy Davis, *AUSTRALIA*

Date/Time: **July 26 & 27, 2018 (Thursday & Friday) 1530 - 1600**

**Section: Best Poster Presentation Award**

- 1) Dr. Zanariah Hussein, *Hospital Putrajaya (Head)*
- 2) Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*
- 3) Professor Samir Naim Assaad, *EGYPT*
- 4) Associate Professor Sompongse Suwanwalaikorn, *THAILAND*

Date/Time: **July 26, 2018 (Thursday) 1400 - 1530**

**Section: Best Oral Presentation Award**

- 1) Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia (Head)*
- 2) Dato' Dr. David Chew Soon Ping, *Cardiac Vascular Sentral Kuala Lumpur*
- 3) Professor Bilal Younis, *PAKISTAN*
- 4) Professor Luc Van Gaal, *BELGIUM*