

**SCIENTIFIC PROGRAMME**  
**'Diabetes Asia 2014' Conference**  
**October 16 - 19, 2014**

**DAY 1 – OCTOBER 16<sup>TH</sup>, 2014 (THURSDAY)**

0700 – 0830      **REGISTRATION**

0830 – 0915      **Plenary 1**

**PLENARY 1**

Chairman: Emeritus Professor Dato' Mustafa Embong, *National Diabetes Institute*

**ADIPONECTIN, DIABETES AND DIABETIC COMPLICATIONS**

Speaker : Professor Karen Siu Ling Lam, *HONG KONG*

0915 – 0945      **COFFEE BREAK**

0945 – 1145      **Concurrent Main Symposium 1**

**MAIN SYMPOSIUM 1A**

**THEME : DIABETES IN ASIA**

Chairman: Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia*

- i)      **Mutations of KCNJ11 Gene in Chinese Unknown MODY Gene (MODY-X)'s Families**  
Professor Limei Liu, *CHINA*
- ii)     **Quality of Life of Diabetics in Malaysia**  
Emeritus Professor Dato' Khalid Abdul Kadir/Dr. Shereen Goh Giap Kah,  
*Monash University Malaysia*
- iii)    **Unique Feature of Asian T2DM: Strategy for Treatment**  
Dr. Zanariah Hussein, *Putrajaya Hospital*
- iv)     **Panel Discussion**

**MAIN SYMPOSIUM 1B**

**THEME : DIABETES IN PREGNANCY**

Chairman: Professor Dato' Nik Mohd Nasri Nik Ismail, *University Science Islam Malaysia*

- i)      **Diet in Gestational Diabetes**  
Datin Farah DiBa Khan, *Prince Court Medical Centre*
- ii)     **Weight Gain and Pregnancy Outcomes: What is the Evidence?**  
Professor Dato' Sivalingam Nalliah, *International Medical University*
- iii)    **Glucose Control in Diabetic Pregnancy: A Practical Approach**  
Professor Chaicharn Deerochanawong, *THAILAND*
- iv)     **Intrauterine Programming of Diabetes**  
Professor Nor Azlin Mohamed Ismail, *National University of Malaysia Medical Centre*
- v)      **Panel Discussion**

**MAIN SYMPOSIUM 1C**

**THEME : EMERGING RISK FACTORS OF TYPE 2 DM**

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*

- i)      **The Link Between Sleep Disorders and Diabetes**  
Associate Professor Tengku Saifudin Tengku Ismail, *KPJ Tawakkal Specialist Hospital*
- ii)     **Importance of Nutrition in the Prevention of Diabetes**  
Ms. Mastari Mohamad, *National Heart Institute*
- iii)    **Are Chronic Stress & Psychological Traits also to Blame?**  
Dr. G. R. Letchuman, *Taiping Hospital*
- iv)     **Panel Discussion**

1200 – 1300

**LUNCH SYMPOSIUM 1***Sponsored by Medtronic International Limited*Chairman : Dr. Zanariah Hussein, *Putrajaya Hospital***INSULIN PUMP THERAPY & PROFESSIONAL CGM**Speaker : Dr. Scott Lee, *Medtronic USA*

1300 – 1400

**LUNCH**

1400 – 1600

***Concurrent Experts' Case Discussions and Free Paper Presentations*****EXPERTS' CASE DISCUSSION 1**Chairman: Professor Wu Loo Ling, *National University of Malaysia Medical Centre***TYPE 1 DIABETES: OPTIONS FOR MORE EFFECTIVE MANAGEMENT**Presenter: Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*Panel: Professor John M. Miles, *USA*Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*Professor Limei Liu, *CHINA***EXPERTS' CASE DISCUSSION 2**Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital***PREVENTING TYPE 2 DIABETES: SHARING EXPERIENCE FROM ACROSS THE GLOBE**Presenter: Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*Panel: Dr. Zanariah Hussein, *Putrajaya Hospital*Dr. Feisul Idzwan Mustapha, *Ministry of Health*Professor Z. Sehnaz Karadeniz, *TURKEY***EXPERTS' CASE DISCUSSION 3**Chairman: Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia***CHRONIC COMPLICATIONS OF DIABETES: MANAGING DIABETICS WITH CKD AND IHD**Presenter: Dr. Wan Mohd Izani Wan Mohamed, *University Science Malaysia Hospital*Panel: Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*Associate Professor Rohana Abdul Ghani, *University Technology MARA*Associate Professor Imran Zainal Abidin, *University Malaya Medical Centre****Free Paper Presentations******(Details refer to 'Abstracts Free Paper Presentation')***

1600 – 1630

**TEA BREAK**

1630 – 1715

***Concurrent Plenary 2*****PLENARY 2A**Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia***DIABETES IN THE INFORMATION AGE**Speaker : Professor Andrew D. Morris, *UNITED KINGDOM***PLENARY 2B**Chairman: Emeritus Professor Dato' Khalid Abdul Kadir, *Monash University Malaysia***MANAGEMENT OF TYPE 2 DIABETES: THE SPECIAL CHALLENGE OF CHRONIC****KIDNEY DISEASE AND HEART FAILURE**Speaker : Professor John M. Miles, *USA***\*\* END OF DAY 1 \*\*****DAY 2 – OCTOBER 17<sup>TH</sup>, 2014 (FRIDAY)**

0830 – 0915

**SPECIAL LECTURE 1***Sponsored by Novartis Corporation (Malaysia) Sdn Bhd*Chairman : Dr. Zanariah Hussein, *Putrajaya Hospital***VILDAGLIPTIN'S EFFICACY IN RCT AND REAL WORLD SETTING**Speaker : Dr. James E. Foley, *Novartis USA*

0915 – 0945

**COFFEE BREAK**

0945 - 1145

***Concurrent Main Symposium 2***

**MAIN SYMPOSIUM 2A****THEME : INHIBITORS FOR DIABETES**Chairman: Dr. G. R. Letchuman, *Taiping Hospital*

- i) **Dipeptidyl Peptidase IV (DPP-IV) Inhibitors**  
Associate Professor Norlaila Mustafa, *National University of Malaysia Medical Centre*
- ii) **Inhibiting Glucose Transporters (SGLT2 Inhibitors)**  
Associate Professor Rohana Abdul Ghani, *University Technology MARA*
- iii) **Novel Inhibitors in Development**  
Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 2B***Sponsored by Eli Lilly (Malaysia) Sdn Bhd***THEME : A MATTER OF OPTIONS IN MANAGEMENT OF DIABETES: INSULIN INTENSIFICATION WITH CONVERSATION MAPS**Chairman: Professor Dato' Mafauzy Mohamed, *University Science Malaysia Hospital*

- i) **Insulin Intensification: An Alternative Approach to Achieve Glycaemic Targets**  
Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*
- ii) **The Importance of Patient Education in Management of Diabetes (with Focus on Diabetes Conversation Map)**  
Dr. Sri Wahyu Taher, *Simpang Kuala Health Clinic*
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 2C***Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd***THEME : THE CHALLENGES OF 3 KINGDOMS – HYPERTENSION, DIABETES & RENAL COMPLICATION. IS ACHIEVING TARGETS ENOUGH? OR IS THERE MORE..**Chairman: Professor Datin Chia Yook Chin, *University Malaya Medical Centre*

- i) **Early Combination Therapy: How Can We Make It Work For Our Uncontrolled and Added-Risk Hypertensive Patients?**  
Dr. Melvin Tan, *SINGAPORE*
- ii) **Facing the Challenges: Optimal BP Control In Hypertensive Diabetic**  
Professor Datin Chia Yook Chin, *University Malaya Medical Centre*
- iii) **Nephro-Protection with ARB's: Give Your Kidney A Break!**  
[Speaker](#)
- iv) **Panel Discussion**

1200 – 1300

**LUNCH SYMPOSIUM 2***Sponsored by Merck Sharp & Dohme (Malaysia) Sdn Bhd*Chairman : Dr. Mastura Ismail, *Seremban 2 Health Clinic***DPP-4 INHIBITORS, THE PREFERRED PARTNER TO METFORMIN: WHAT IS THE EVIDENCE?**Speaker : Dr. Zanariah Hussein, *Putrajaya Hospital*

1300 – 1400

**LUNCH**

1400 – 1600

**Concurrent Main Symposium 3****MAIN SYMPOSIUM 3A****THEME : OFF-TARGET EFFECTS OF MEDICATIONS IN DIABETES: SHOULD WE WORRY?**Chairman: Professor Nor Azmi Kamaruddin, *National University of Malaysia Medical Centre*

- i) **Insulins and Cancers**  
Professor Dato' Mafauzy Mohamed, *University Science Malaysia Hospital*
- ii) **DPP-4 Inhibitors and Heart Failure**  
Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

iii) **Statins and New Diabetes**  
Dr. G. R. Letchuman, *Taiping Hospital*

iv) **Panel Discussion**

#### **MAIN SYMPOSIUM 3B**

**THEME : ALTERNATIVE AND COMPLEMENTARY THERAPIES IN PREVENTION AND TREATMENT OF DIABETES**

Chairman: Dr. Zanariah Hussein, *Putrajaya Hospital*

- i) **Flavonoids for Prevention of Diabetes?**  
Dato' Dr. Rajen M, *Holista Colltech Ltd.*
- ii) **Chinese Traditional Medicine for Diabetes**  
Professor Limei Liu, *CHINA*
- iii) **Mind-Body Medicine: Role of Meditations to Prevent and Treat Diabetes**  
Dr. Sivaneswaran Poobalasingam, *Amrita Integrative Medical Centre*
- iv) *Sponsored by Rottapharm Malaysia*  
**Exploring A Therapeutic Window to Address the Effects of Insulin Resistance in Type 2 Diabetes**  
Dr. Radhakrishna Sothiratnam, *Columbia Asia Seremban Hospital*
- v) **Panel Discussion**

#### **MAIN SYMPOSIUM 3C**

**THEME : DIABETES IN COMMUNITY**

Chairman: Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*

- i) **Managing Diabetes in Health Clinics in Malaysia**  
Dr. Mastura Ismail, *Seremban 2 Health Clinic*
- ii) **Support Programme for People with Diabetes in the Community: Experience from Hong Kong**  
Professor Karen Siu Ling Lam, *HONG KONG*
- iii) **Gearing An Entire Country for Diabetes Care, Education and Research**  
Professor Andrew D. Morris, *UNITED KINGDOM*
- iv) **Panel Discussion**

1600 – 1630 **TEA BREAK**

1630 – 1715 **Concurrent Plenary 3**

#### **PLENARY 3A**

Chairman: Professor Dato' Mafauzy Mohamed, *University Science Malaysia Hospital*

**IMPLEMENTING DIABETES CLINICAL GUIDELINES IN THE REAL WORLD**

Speaker : Professor Z. Sehnaz Karadeniz, *TURKEY*

#### **PLENARY 3B**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute*

**THE RISE AND RISE OF METFORMIN**

Speaker : Professor Andrew D. Morris, *UNITED KINGDOM*

**\*\* END OF DAY 2 \*\***

### **DAY 3 – OCTOBER 18<sup>TH</sup>, 2014 (SATURDAY)**

0730 - 0830

#### **BREAKFAST SYMPOSIUM**

*Sponsored by Cambridge Weight Plan*

Chairman : Dr. Chong Su Lin, *Prince Court Medical Centre*

**EVIDENCE-BASED VLCD AND LCD THERAPY FOR DIABETES: COST EFFECTIVE, SAFE AND PREDICTABLE WEIGHT LOSS AND MAINTENANCE, WITH SUSTAINED HEALTH BENEFITS**

Speaker : Professor Anthony R. Leeds, *UNITED KINGDOM*

0830 – 0915

**SPECIAL LECTURE 2***Sponsored by AstraZeneca Sdn Bhd*

Chairman : Professor Dato' Mafauzy Mohamed, *University Science Malaysia Hospital*  
**DM MELLITUS – CONFRONTING MULTIPLE CHALLENGES WITH SGLT2 INHIBITORS**  
 Speaker : Dr. Chan Siew Pheng, *Subang Jaya Medical Centre*

0915 – 0945

**COFFEE BREAK**

0945 – 1145

**Concurrent Main Symposium 4****MAIN SYMPOSIUM 4A****THEME : NOVEL COMPLICATIONS OF DIABETES**Chairman: Dr. Gunavathy Muthusamy, *Sg. Buloh Hospital*

- i) **Cognitive Impairment and Dementia: The Diabetic Dilemma**  
Associate Professor Shahrul Bahyah Kamaruzzaman, *University Malaysia Medical Centre*
- ii) **Periodontal Disease in Diabetics: Implications for Control and Complications**  
Dr. Shahida Mohd Said, *National University of Malaysia Medical Centre*
- iii) **NAFLD: Cause or Effect?**  
Associate Professor Chan Wah Kheong, *University Malaya Medical Centre*
- iv) **Panel Discussion**

**MAIN SYMPOSIUM 4B***Sponsored by Alliance BI-Lilly***THEME : CONFRONTING THE CHALLENGES IN MANAGEMENT OF TYPE 2 DIABETES WITH DPP-IV**Chairman: Associate Professor Rohana Abdul Ghani, *University Technology MARA*

- i) **Safety and Efficacy of Linagliptin That Matters to Us in Asia**  
Dr. Khaw Chong Hui, *Pulau Pinang Hospital*
- ii) **Benefits of Early Treatment and Role of Initial Combination Determining Individualised Targets**  
Professor Dato' Mafauzy Mohamed, *University Science Malaysia Hospital*
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 4C***Sponsored by Novo Nordisk Pharma (M) Sdn Bhd***THEME : GLP-1 AGONISTS AND INSULIN: SHOULD THEY BE INITIATED EARLY?****Chairman:**

- i) **GLP-1 Agonists – From Clinical Trials to Real Life Practice**  
Emeritus Professor Dato' Khalid Abdul Kadir, *Monash University Malaysia*
- ii) **GAPP2 Initiate Insulin – Present Issues and Future Promise**  
Dr. Chan Siew Pheng, *Subang Jaya Medical Centre*
- iii) **Panel Discussion**

1200 – 1300

**LUNCH SYMPOSIUM 3***Sponsored by Servier Malaysia Sdn Bhd***NEW ADVANCE-ON RESULTS: 10 YEAR BENEFITS OF BLOOD PRESSURE AND BLOOD GLUCOSE LOWERING IN DIABETICS: THE MALAYSIAN PERSPECTIVE**Chairman: Professor Amir Sharifuddin Mohd Khir, *Penang Medical Centre*

- i) **ADVANCE-ON BP ARM RESULTS: LONG TERM BP LOWERING EFFECTS ON DIABETIC PATIENTS**  
Associate Professor Richard O'Brien, *AUSTRALIA*
- ii) **ADVANCE-ON BG ARM RESULTS: THE MALAYSIAN PERSPECTIVE**  
Dr. Chan Siew Pheng, *Subang Jaya Medical Centre*

1300 – 1400

**LUNCH**

1400 – 1600

**Concurrent Main Symposium 5****MAIN SYMPOSIUM 5A****THEME : NEW SURGERY OPTIONS FOR DIABETES**Chairman: Dr. Gunavathy Muthusamy, *Sg. Buloh Hospital*

- i) **Stem Cell Therapy**  
Dr. Sayid Ridho Asirry, *National University of Malaysia Medical Centre*
- ii) **Surgical Treatment of the Diabetic Foot**  
Dr. Yeap Ewe Juan, *ParkCity Medical Centre*
- iii) **Panel Discussion**

**MAIN SYMPOSIUM 5B***Sponsored by sanofi-aventis (M) Sdn Bhd***THEME : NEXT STEPS TO INSULINISATION**Chairman: Dr. Wong Ming, *Sunway Medical Centre*

- i) **Timely Use and Optimisation of Basal Insulin**  
Dr. Jeshen Lau, *University Malaysia Sarawak*
- ii) **When Basal Insulin Is Not Enough, What's Next?**  
Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*
- iii) **Post Prandial Control with A Novel GLP-1 Receptor Agonist**  
Dr. Zanariah Hussein, *Putrajaya Hospital*
- iv) Panel Discussion

**MAIN SYMPOSIUM 5C****THEME : LESSONS FROM RECENT CLINICAL TRIALS ON DIABETES**Chairman: Dr. Chan Siew Pheng, *Subang Jaya Medical Centre*

- i) **ADVANCE: A Way Forward to Achieve BG Targets?**  
Associate Professor Richard O'Brien, *AUSTRALIA*
- ii) **ORIGIN: Preserving Beta Cells?**  
Professor Dato' Mafauzy Mohamed, *University Science Malaysia Hospital*
- iii) **LOOK AHEAD: Why No Reduction in CV Risk**  
Professor John M. Miles, *USA*
- iv) Panel Discussion

1600 – 1630

**TEA BREAK**

1630 – 1715

**Concurrent Plenary 4****PLENARY 4A**Chairman: Professor Dato' Mafauzy Mohamed, *University Science Malaysia Hospital***NEW INSIGHTS INTO PREVENTION OF CVD IN DIABETICS**Speaker : Professor Donald John Chisholm, *AUSTRALIA***PLENARY 4B**Chairman: Dr. Zanariah Hussein, *Putrajaya Hospital***NEWER INSULIN FORMULATIONS - ARE THEY BETTER THAN CURRENTLY AVAILABLE HUMAN INSULINS?**Speaker : Professor Eberhard Standl, *GERMANY***\*\* END OF DAY 3 \*\*****DAY 4 – OCTOBER 19<sup>TH</sup>, 2014 (SUNDAY)**

0830 – 0915

**Concurrent Plenary 5****PLENARY 5A**

Chairman: Dato' Dr. David Chew Soon Ping, *National Heart Institute*

**RECENT UPDATE OF THE JOINT ESC/EASD GUIDELINES IN CARDIO-DIABETOLOGY: WHAT IS REALLY HOT AND NEW?**

Speaker : Professor Eberhard Standl, *GERMANY*

**PLENARY 5B**

Chairman: Associate Professor Mae-Lynn Catherine Bastion, *National University of Malaysia Medical Centre*

**GLUCOSE REGULATION IMPACT ON DIABETIC RETINOPATHY**

Speaker : Professor Z. Sehnaz Karadeniz, *TURKEY*

0915 – 0945

**COFFEE BREAK**

0945 – 1145

**Concurrent Main Symposium 6**

**MAIN SYMPOSIUM 6A**

**THEME : CONTROVERSIES IN MANAGEMENT OF PEOPLE WITH DIABETES**

Chairman: Dr. Ng Ooi Chuan, *University Putra Malaysia*

- i) **Use of Anti Platelets in Diabetics Revisited**  
Professor Nor Azmi Kamaruddin, *National University of Malaysia Medical Centre*
- ii) **New Guidelines on Blood Pressure Control: What is the Optimal Levels and What Drugs?**  
Dato' Dr. David Chew Soon Ping, *National Heart Institute*
- iii) **Blood Glucose Control: Is this Still Worth Pursuing?**  
Professor Donald John Chisholm, *AUSTRALIA*
- iv) Panel Discussion

**MAIN SYMPOSIUM 6B**

**THEME : NON-PHARMACOLOGICAL TREATMENT OF DIABETES**

Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*

- i) **Diabetic Diet: Low Carb or Low Fat?**  
Ms. Mastari Mohamad, *National Heart Institute*
- ii) **Exercise-mimetics: A Pill for Exercise?**  
Professor Rabindarjeet Singh Kabal Singh, *Advanced Medical & Dental Institute*
- iii) **Weight Loss for Obese Diabetics: Practical Tips**  
Dr. Malik Mumtaz, *Island Hospital*
- iv) Panel Discussion

1200 – 1300

**FREE PAPER PRESENTATIONS AWARDING CEREMONY**

- **BEST ORAL PRESENTATION AWARD**
- **BEST POSTER PRESENTATION AWARD**
- **PROF MUSTAFFA YOUNG INVESTIGATORS' AWARD**

1300 – 1400

**LUNCH & CLOSE**

## **JUDGING PANELS**

**Chief: Professor Dato' Anuar Zaini Md Zain, *Monash University Malaysia***

**October 16<sup>th</sup>, 2014 (Thursday) 1400 - 1600**

**Section: Prof Mustaffa Young Investigators' Award**

- 1) **Emeritus Professor Dato' Khalid Abdul Kadir, *Monash University Malaysia (Head)***
- 2) **Professor Karen Siu Ling Lam, *HONG KONG***
- 3) **Dr. G. R. Letchuman, *Taiping Hospital***

**October 16<sup>th</sup> & 17<sup>th</sup>, 2014 (Thursday & Friday) 1600 - 1630**

**Section: Best Poster Presentation Award**

- 1) **Dr. Zanariah Hussein, *Putrajaya Hospital (Head)***
- 2) **Professor Z. Sehnaz Karadeniz, *TURKEY***
- 3) **Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre***
- 4) **Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital***

**October 16<sup>th</sup>, 2014 (Thursday) 1400 - 1600**

**Section: Best Oral Presentation Award**

- 1) **Professor Nor Azmi Kamaruddin, *National University of Malaysia Medical Centre (Head)***
- 2) **Associate Professor Norlaila Mustafa, *National University of Malaysia Medical Centre***
- 3) **Professor Chaicharn Deerochanawong, *THAILAND***
- 4) **Dr. Ng Ooi Chuan, *University Putra Malaysia***