0700 – 0830  REGISTRATION

0830 – 0915  Plenary 1

PLENARY 1
Chairman: Emeritus Professor Dato’ Mustaffa Embong, National Diabetes Institute
ADIPONECTIN, DIABETES AND DIABETIC COMPLICATIONS
Speaker: Professor Karen Siu Ling Lam, HONG KONG

0915 – 0945  COFFEE BREAK

0945 – 1145  Concurrent Main Symposium 1A

THEME : DIABETES IN ASIA
Chairman: Professor Dato’ Anuar Zaini Md Zain, Monash University Malaysia

i)  Mutations of KCNJ11 Gene in Chinese Unknown MODY Gene (MODY-X)’s Families
    Professor Limei Liu, CHINA

ii) Quality of Life of Diabetics in Malaysia
    Emeritus Professor Dato’ Khalid Abdul Kadir/Dr. Shereen Goh Giap Kah,
    Monash University Malaysia

iii) Unique Feature of Asian T2DM: Strategy for Treatment
    Dr. Zanariah Hussein, Putrajaya Hospital

iv)  Panel Discussion

MAIN SYMPOSIUM 1B
THEME : DIABETES IN PREGNANCY
Chairman: Professor Dato’ Nik Mohd Nasri Nik Ismail, University Science Islam Malaysia

i)  Diet in Gestational Diabetes
    Datin Farah DiBa Khan, Prince Court Medical Centre

ii) Weight Gain and Pregnancy Outcomes: What is the Evidence?
    Professor Dato’ Sivalingam Nalliah, International Medical University

iii) Glucose Control in Diabetic Pregnancy: A Practical Approach
    Professor Chaicharn Deerochanawong, THAILAND

iv)  Intrauterine Programming of Diabetes
    Professor Nor Azlin Mohamed Ismail, National University of Malaysia Medical Centre

v)  Panel Discussion

MAIN SYMPOSIUM 1C
THEME : EMERGING RISK FACTORS OF TYPE 2 DM
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, Kuala Lumpur Hospital

i)  The Link Between Sleep Disorders and Diabetes
    Associate Professor Tengku Saifudin Tengku Ismail, KPJ Tawakkal Specialist Hospital

ii) Importance of Nutrition in the Prevention of Diabetes
    Ms. Mastari Mohamad, National Heart Institute

iii) Are Chronic Stress & Psychological Traits also to Blame?
    Dr. G. R. Letchuman, Taiping Hospital

iv)  Panel Discussion
1200 – 1300  **LUNCH SYMPOSIUM 1**  
*Sponsored by Medtronic International Limited*  
Chairman : Dr. Zanariah Hussein, *Putrajaya Hospital*  
**INSULIN PUMP THERAPY & PROFESSIONAL CGM**  
Speaker : Dr. Scott Lee, *Medtronic USA*  

1300 – 1400  **LUNCH**

1400 – 1600  **Concurrent Experts’ Case Discussions and Free Paper Presentations**

**EXPERTS’ CASE DISCUSSION 1**  
Chairman: Professor Wu Loo Ling, *National University of Malaysia Medical Centre*  
**TYPE 1 DIABETES: OPTIONS FOR MORE EFFECTIVE MANAGEMENT**  
Presenter: Dr. Janet Hong Yeow Hua, *Putrajaya Hospital*  
Panel:  
- Professor John M. Miles, *USA*  
- Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*  
- Professor Limei Liu, *CHINA*

**EXPERTS’ CASE DISCUSSION 2**  
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, *Kuala Lumpur Hospital*  
**PREVENTING TYPE 2 DIABETES: SHARING EXPERIENCE FROM ACROSS THE GLOBE**  
Presenter: Dr. Vijay Ananda Paramasvaran, *Pantai Hospital Kuala Lumpur*  
Panel:  
- Dr. Zanariah Hussein, *Putrajaya Hospital*  
- Dr. Feisul Idzwan Mustapha, *Ministry of Health*  
- Professor Z. Sehnaz Karadeniz, *TURKEY*

**EXPERTS’ CASE DISCUSSION 3**  
Chairman: Professor Dato’ Anuar Zaini Md Zain, *Monash University Malaysia*  
**CHRONIC COMPLICATIONS OF DIABETES: MANAGING DIABETICS WITH CKD AND IHD**  
Presenter: Dr. Wan Mohd Izani Wan Mohamed, *University Science Malaysia Hospital*  
Panel:  
- Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*  
- Associate Professor Rohana Abdul Ghani, *University Technology MARA*  
- Associate Professor Imran Zainal Abidin, *University Malaya Medical Centre*  

**Free Paper Presentations**  
(Details refer to ‘Abstracts Free Paper Presentation’)

1600 – 1630  **TEA BREAK**

1630 – 1715  **Concurrent Plenary 2**

**PLENARY 2A**  
Chairman: Professor Dato’ Anuar Zaini Md. Zain, *Monash University Malaysia*  
**DIABETES IN THE INFORMATION AGE**  
Speaker : Professor Andrew D. Morris, *UNITED KINGDOM*

**PLENARY 2B**  
Chairman: Emeritus Professor Dato’ Khalid Abdul Kadir, *Monash University Malaysia*  
**MANAGEMENT OF TYPE 2 DIABETES: THE SPECIAL CHALLENGE OF CHRONIC KIDNEY DISEASE AND HEART FAILURE**  
Speaker : Professor John M. Miles, *USA*

**END OF DAY 1**

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**DAY 2 – OCTOBER 17TH, 2014 (FRIDAY)**

0830 – 0915  **SPECIAL LECTURE 1**  
*Sponsored by Novartis Corporation (Malaysia) Sdn Bhd*  
Chairman : Dr. Zanariah Hussein, *Putrajaya Hospital*  
**VILDAGLIPTIN’S EFFICACY IN RCT AND REAL WORLD SETTING**  
Speaker : Dr. James E. Foley, *Novartis USA*

0915 – 0945  **COFFEE BREAK**

0945 - 1145  **Concurrent Main Symposium 2**
MAIN SYMPOSIUM 2A
THEME: INHIBITORS FOR DIABETES
Chairman: Dr. G. R. Letchuman, Taiping Hospital

i) Dipeptidyl Peptidase IV (DPP-IV) Inhibitors
   Associate Professor Norlaila Mustafa, National University of Malaysia Medical Centre

ii) Inhibiting Glucose Transporters (SGLT2 Inhibitors)
    Associate Professor Rohana Abdul Ghani, University Technology MARA

iii) Novel Inhibitors in Development
    Emeritus Professor Augusto D. Litonjua, PHILIPPINES

iv) Panel Discussion

MAIN SYMPOSIUM 2B
Sponsored by Eli Lilly (Malaysia) Sdn Bhd
THEME: A MATTER OF OPTIONS IN MANAGEMENT OF DIABETES: INSULIN INTENSIFICATION WITH CONVERSATION MAPS
Chairman: Professor Dato’ Mafauzy Mohamed, University Science Malaysia Hospital

i) Insulin Intensification: An Alternative Approach to Achieve Glycaemic Targets
   Datuk Dr. Mohamed Badruulzam Long Bidin, Kuala Lumpur Hospital

ii) The Importance of Patient Education in Management of Diabetes (with Focus on Diabetes Conversation Map)
    Dr. Sri Wahyu Taher, Simpang Kuala Health Clinic

iii) Panel Discussion

MAIN SYMPOSIUM 2C
Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd
THEME: THE CHALLENGES OF 3 KINGDOMS – HYPERTENSION, DIABETES & RENAL COMPLICATION. IS ACHIEVING TARGETS ENOUGH? OR IS THERE MORE..
Chairman: Professor Datin Chia Yook Chin, University Malaya Medical Centre

i) Early Combination Therapy: How Can We Make It Work For Our Uncontrolled and Added-Risk Hypertensive Patients?
   Dr. Melvin Tan, SINGAPORE

ii) Facing the Challenges: Optimal BP Control In Hypertensive Diabetic
    Professor Datin Chia Yook Chin, University Malaya Medical Centre

iii) Nephro-Protection with ARB’s: Give Your Kidney A Break!
    Speaker

iv) Panel Discussion

1200 – 1300 LUNCH SYMPOSIUM 2
Sponsored by Merck Sharp & Dohme (Malaysia) Sdn Bhd
Chairman : Dr. Mastura Ismail, Seremban 2 Health Clinic
DPP-4 INHIBITORS, THE PREFERRED PARTNER TO METFORMIN: WHAT IS THE EVIDENCE?
Speaker : Dr. Zanariah Hussein, Putrajaya Hospital

1300 – 1400 LUNCH

1400 – 1600 Concurrent Main Symposium 3

MAIN SYMPOSIUM 3A
THEME: OFF-TARGET EFFECTS OF MEDICATIONS IN DIABETES: SHOULD WE WORRY?
Chairman: Professor Nor Azmi Kamaruddin, National University of Malaysia Medical Centre

i) Insulins and Cancers
   Professor Dato’ Mafauzy Mohamed, University Science Malaysia Hospital

ii) DPP-4 Inhibitors and Heart Failure
    Emeritus Professor Augusto D. Litonjua, PHILIPPINES
iii) Statins and New Diabetes
Dr. G. R. Letchuman, Taiping Hospital

iv) Panel Discussion

MAIN SYMPOSIUM 3B
THEME: ALTERNATIVE AND COMPLEMENTARY THERAPIES IN PREVENTION AND TREATMENT OF DIABETES
Chairman: Dr. Zanariah Hussein, Putrajaya Hospital

i) Flavonoids for Prevention of Diabetes?
Dato’ Dr. Rajen M, Holista Colltech Ltd.

ii) Chinese Traditional Medicine for Diabetes
Professor Limei Liu, CHINA

iii) Mind-Body Medicine: Role of Meditations to Prevent and Treat Diabetes
Dr. Sivaneswaran Poobalasingam, Amrita Integrative Medical Centre

iv) Exploring A Therapeutic Window to Address the Effects of Insulin Resistance in Type 2 Diabetes
Dr. Radhakrishna Sothiratnam, Columbia Asia Seremban Hospital

v) Panel Discussion

MAIN SYMPOSIUM 3C
THEME: DIABETES IN COMMUNITY
Chairman: Dr. Vijay Ananda Paramasvaran, Pantai Hospital Kuala Lumpur

i) Managing Diabetes in Health Clinics in Malaysia
Dr. Mastura Ismail, Seremban 2 Health Clinic

ii) Support Programme for People with Diabetes in the Community: Experience from Hong Kong
Professor Karen Siu Ling Lam, HONG KONG

iii) Gearing An Entire Country for Diabetes Care, Education and Research
Professor Andrew D. Morris, UNITED KINGDOM

iv) Panel Discussion

1600 – 1630 TEA BREAK

1630 – 1715 Concurrent Plenary 3

PLENARY 3A
Chairman: Professor Dato’ Mafauzy Mohamed, University Science Malaysia Hospital
IMPLEMENTING DIABETES CLINICAL GUIDELINES IN THE REAL WORLD
Speaker: Professor Z. Sehnaz Karadeniz, TURKEY

PLENARY 3B
Chairman: Emeritus Professor Dato’ Mustaffa Embong, National Diabetes Institute
THE RISE AND RISE OF METFORMIN
Speaker: Professor Andrew D. Morris, UNITED KINGDOM

** END OF DAY 2 **

DAY 3 – OCTOBER 18TH, 2014 (SATURDAY)

0730 - 0830 BREAKFAST SYMPOSIUM
Sponsored by Cambridge Weight Plan
Chairman: Dr. Chong Su Lin, Prince Court Medical Centre
EVIDENCE-BASED VLCD AND LCD THERAPY FOR DIABETES: COST EFFECTIVE, SAFE AND PREDICTABLE WEIGHT LOSS AND MAINTENANCE, WITH SUSTAINED HEALTH BENEFITS
Speaker: Professor Anthony R. Leeds, UNITED KINGDOM
0830 – 0915  **SPECIAL LECTURE 2**  
*Sponsored by AstraZeneca Sdn Bhd*  
Chairman: Professor Dato’ Mafauzy Mohamed, *University Science Malaysia Hospital*  
DM MELLITUS – CONFRONTING MULTIPLE CHALLENGES WITH SGLT2 INHIBITORS  
Speaker: Dr. Chan Siew Pheng, *Subang Jaya Medical Centre*  

0915 – 0945  **COFFEE BREAK**  

0945 – 1145  **Concurrent Main Symposium 4**  
**MAIN SYMPOSIUM 4A**  
**THEME:** NOVEL COMPLICATIONS OF DIABETES  
Chairman: Dr. Gunavathy Muthusamy, *Sg. Buloh Hospital*  

i) **Cognitive Impairment and Dementia: The Diabetic Dilemma**  
Associate Professor Shahrul Bahyah Kamaruzzaman, *University Malaysia Medical Centre*  

ii) **Periodontal Disease in Diabetics: Implications for Control and Complications**  
Dr. Shahida Mohd Said, *National University of Malaysia Medical Centre*  

iii) **NAFLD: Cause or Effect?**  
Associate Professor Chan Wah Kheong, *University Malaya Medical Centre*  

iv) **Panel Discussion**  

**MAIN SYMPOSIUM 4B**  
*Sponsored by Alliance Bi-Lilly*  
**THEME:** CONFRONTING THE CHALLENGES IN MANAGEMENT OF TYPE 2 DIABETES WITH DPP-IV  
Chairman: Associate Professor Rohana Abdul Ghani, *University Technology MARA*  

i) **Safety and Efficacy of Linagliptin That Matters to Us in Asia**  
Dr. Khaw Chong Hui, *Pulau Pinang Hospital*  

ii) **Benefits of Early Treatment and Role of Initial Combination Determining Individualised Targets**  
Professor Dato’ Mafauzy Mohamed, *University Science Malaysia Hospital*  

iii) **Panel Discussion**  

**MAIN SYMPOSIUM 4C**  
*Sponsored by Novo Nordisk Pharma (M) Sdn Bhd*  
**THEME:** GLP-1 AGONISTS AND INSULIN: SHOULD THEY BE INITIATED EARLY?  
Chairman:  

i) **GLP-1 Agonists – From Clinical Trials to Real Life Practice**  
Emeritus Professor Dato’ Khalid Abdul Kadir, *Monash University Malaysia*  

ii) **GAPP2 Initiate Insulin – Present Issues and Future Promise**  
Dr. Chan Siew Pheng, *Subang Jaya Medical Centre*  

iii) **Panel Discussion**  

1200 – 1300  **LUNCH SYMPOSIUM 3**  
*Sponsored by Servier Malaysia Sdn Bhd*  
**NEW ADVANCE-ON RESULTS: 10 YEAR BENEFITS OF BLOOD PRESSURE AND BLOOD GLUCOSE LOWERING IN DIABETICS: THE MALAYSIAN PERSPECTIVE**  
Chairman: Professor Amir Sharifuddin Mohd Khir, *Penang Medical Centre*  

i) **ADVANCE-ON BP ARM RESULTS: LONG TERM BP LOWERING EFFECTS ON DIABETIC PATIENTS**  
Associate Professor Richard O’Brien, *AUSTRALIA*  

ii) **ADVANCE-ON BG ARM RESULTS: THE MALAYSIAN PERSPECTIVE**  
Dr. Chan Siew Pheng, *Subang Jaya Medical Centre*  

1300 – 1400  **LUNCH**
1400 – 1600  
**Concurrent Main Symposium 5**

**MAIN SYMPOSIUM 5A**
THEME: NEW SURGERY OPTIONS FOR DIABETES  
Chairman: Dr. Gunavathy Muthusamy, Sg. Buloh Hospital

i) *Stem Cell Therapy*  
Dr. Sayid Ridho Asirry, National University of Malaysia Medical Centre

ii) *Surgical Treatment of the Diabetic Foot*  
Dr. Yeap Ewe Juan, ParkCity Medical Centre

iii)  
Panel Discussion

**MAIN SYMPOSIUM 5B**  
*Sponsored by sanofi-aventis (M) Sdn Bhd*  
THEME: NEXT STEPS TO INSULINISATION  
Chairman: Dr. Wong Ming, Sunway Medical Centre

i) *Timely Use and Optimisation of Basal Insulin*  
Dr. Jeshen Lau, University Malaysia Sarawak

ii) *When Basal Insulin Is Not Enough, What’s Next?*  
Dr. Vijay Ananda Paramasvaran, Pantai Hospital Kuala Lumpur

iii) *Post Prandial Control with A Novel GLP-1 Receptor Agonist*  
Dr. Zanariah Hussein, Putrajaya Hospital

iv)  
Panel Discussion

**MAIN SYMPOSIUM 5C**  
THEME: LESSONS FROM RECENT CLINICAL TRIALS ON DIABETES  
Chairman: Dr. Chan Siew Pheng, Subang Jaya Medical Centre

i) *ADVANCE: A Way Forward to Achieve BG Targets?*  
Associate Professor Richard O’Brien, AUSTRALIA

ii) *ORIGIN: Preserving Beta Cells?*  
Professor Dato’ Mafauzy Mohamed, University Science Malaysia Hospital

iii) *LOOK AHEAD: Why No Reduction in CV Risk*  
Professor John M. Miles, USA

iv)  
Panel Discussion

1600 – 1630  
**TEA BREAK**

1630 – 1715  
**Concurrent Plenary 4**

**PLENARY 4A**  
Chairman: Professor Dato’ Mafauzy Mohamed, University Science Malaysia Hospital  
NEW INSIGHTS INTO PREVENTION OF CVD IN DIABETICS  
Speaker: Professor Donald John Chisholm, AUSTRALIA

**PLENARY 4B**  
Chairman: Dr. Zanariah Hussein, Putrajaya Hospital  
NEWER INSULIN FORMULATIONS - ARE THEY BETTER THAN CURRENTLY AVAILABLE HUMAN INSULINS?  
Speaker: Professor Eberhard Standl, GERMANY

**END OF DAY 3**

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**DAY 4 – OCTOBER 19TH, 2014 (SUNDAY)**

0830 – 0915  
**Concurrent Plenary 5**

**PLENARY 5A**
Chairman: Dato’ Dr. David Chew Soon Ping, National Heart Institute
RECENT UPDATE OF THE JOINT ESC/EASD GUIDELINES IN CARDIO-DIABETOLOGY: WHAT IS REALLY HOT AND NEW?
Speaker : Professor Eberhard Standl, GERMANY

PLENARY 5B
Chairman: Associate Professor Mae-Lynn Catherine Bastion, National University of Malaysia Medical Centre
GLUCOSE REGULATION IMPACT ON DIABETIC RETINOPATHY
Speaker : Professor Z. Sehnaz Karadeniz, TURKEY

0915 – 0945  COFFEE BREAK
0945 – 1145  Concurrent Main Symposium 6

MAIN SYMPOSIUM 6A
THEME: CONTROVERSIES IN MANAGEMENT OF PEOPLE WITH DIABETES
Chairman: Dr. Ng Ooi Chuan, University Putra Malaysia
i)  Use of Anti Platelets in Diabetics Revisited
    Professor Nor Azmi Kamaruddin, National University of Malaysia Medical Centre
ii) New Guidelines on Blood Pressure Control: What is the Optimal Levels and What Drugs?
    Dato’ Dr. David Chew Soon Ping, National Heart Institute
iii) Blood Glucose Control: Is this Still Worth Pursuing?
    Professor Donald John Chisholm, AUSTRALIA
iv)   Panel Discussion

MAIN SYMPOSIUM 6B
THEME: NON-PHARMACOLOGICAL TREATMENT OF DIABETES
Chairman: Datuk Dr. Mohamed Badrulnizam Long Bidin, Kuala Lumpur Hospital
i) Diabetic Diet: Low Carb or Low Fat?
   Ms. Mastari Mohamad, National Heart Institute
ii) Exercise-mimetics: A Pill for Exercise?
    Professor Rabindarjeet Singh Kabal Singh, Advanced Medical & Dental Institute
iii) Weight Loss for Obese Diabetics: Practical Tips
    Dr. Malik Mumtaz, Island Hospital
iv)   Panel Discussion

1200 – 1300  FREE PAPER PRESENTATIONS AWARDING CEREMONY
             - BEST ORAL PRESENTATION AWARD
             - BEST POSTER PRESENTATION AWARD
             - PROF MUSTAFFA YOUNG INVESTIGATORS’ AWARD

1300 – 1400  LUNCH & CLOSE
JUDGING PANELS

Chief: Professor Dato’ Anuar Zaini Md Zain, Monash University Malaysia

October 16th, 2014 (Thursday) 1400 - 1600

Section: Prof Mustaffa Young Investigators’ Award
1) Emeritus Professor Dato’ Khalid Abdul Kadir, Monash University Malaysia (Head)
2) Professor Karen Siu Ling Lam, HONG KONG
3) Dr. G. R. Letchuman, Taiping Hospital

October 16th & 17th, 2014 (Thursday & Friday) 1600 - 1630

Section: Best Poster Presentation Award
1) Dr. Zanariah Hussein, Putrajaya Hospital (Head)
2) Professor Z. Sehnaz Karadeniz, TURKEY
3) Associate Professor Muhammad Yazid Jalaludin, University Malaya Medical Centre
4) Datuk Dr. Mohamed Badrulnizam Long Bidin, Kuala Lumpur Hospital

October 16th, 2014 (Thursday) 1400 - 1600

Section: Best Oral Presentation Award
1) Professor Nor Azmi Kamaruddin, National University of Malaysia Medical Centre (Head)
2) Associate Professor Norlaila Mustafa, National University of Malaysia Medical Centre
3) Professor Chaicharn Deerochanawong, THAILAND
4) Dr. Ng Ooi Chuan, University Putra Malaysia