

FINAL ANNOUNCEMENT

17th Continuing Professional Development (CPD) Series:

Organised by
NADI NATIONAL
DIABETES
INSTITUTE
CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

Endorsed by



Ministry of Health Malaysia



'Diabetes Asia 2018' Conference

JULY 26 - 29, 2018
Kuching, Sarawak, MALAYSIA



Conference Venue

Borneo Convention Centre Kuching (BCKK)
Demak-Isthmus Bridge, Jalan Keruing Sejingkat
93050 Kuching, Sarawak
MALAYSIA

Supported by



Platinum Sponsor



Secretariat 'DIABETES ASIA 2018' Conference

National Diabetes Institute (NADI)

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NADI Continuing Professional Development Series

Prevalence of diabetes mellitus, especially of Type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) Series annually since its inception in 2002.

In 2008, this CPD was expanded as 'Diabetes Asia' Conference (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

Objectives of the Conference

The Continuing Professional Development (CPD) Series as "Diabetes Asia 2018" Conference aim to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care. Participants are expected to be able to:

- appreciate recent advances and practical aspects of diabetes care
- understand ways of ensuring early diagnosis and optimal management for good control of diabetes, its complications and associated diseases
- apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Other healthcare professionals involved in diabetes care

CONFERENCE AWARDS (CASH PRIZES)

"PROFESSOR MUSTAFFA Young Investigators' Awards" for Free Paper Presentation

- Best Award : RM5,000/-
+ Challenge Trophy**
- Second Award : RM2,000/-**
- Third Award : RM1,000/-**

The winners of "Professor Mustaffa Young Investigators' Awards" will also receive full sponsorship (registration fee + hotel accommodation & local mileage/travel) by Servier Malaysia Sdn Bhd for DAC 2019

Best Oral Presentation Awards

- Best Award : RM2,000/-**
- Second Award : RM1,000/-**
- Third Award : RM750/-**

(Papers submitted for "Professor Mustaffa Young Investigators' Awards" shall not be considered for these awards)

Best Poster Presentation Awards

- Best Award : RM1,500/-**
- Second Award : RM750/-**
- Third Award : RM500/-**

(Papers submitted for "Professor Mustaffa Young Investigators' Awards" shall not be considered for these awards)

**A Certificate of Award will also be presented to the winners.
THE JUDGES' DECISION IS FINAL. No further correspondence is allowed**



The "Diabetes Asia 2018" Conference will emphasise on **recent advances** in the understanding and care of diabetes, its complications and related diseases.

Central Organising Committee

Advisor: Professor Dato' Anuar Zaini Md. Zain

Secretary: Dato' Dr. Nor 'Aini Abu Bakar

Sub Committees

Scientific: Professor Dato' Mafauzy Mohamed (*Chairman*)
Professor Amir Sharifuddin Mohd Khir
Dr. G. R. Letchuman

Secretariat: Dato' Dr. Nor 'Aini Abu Bakar (*Chairperson*)

Sabah & Sarawak Representative: Dr. William Voon Yu Huat

Audiovisual: Mr. Kamarulzaman Othman (*Audiovisual*)

Chairman: Emeritus Professor Dato' Mustaffa Embong

Treasurer: Ms. Rosmawati Yusoff

Professor Dato' Wan Mohamad Wan Bebakar
Professor Nor Azmi Kamaruddin
Dr. Zanariah Hussein

Conference Coordinator: Ms. Amelia Zuber

Fund Raising & Exhibition: Ms. Melissa Zaiton
Mr. Zamri Husain (*Video & Photography*)

Local Organising Committee

Chairman: Dr. William Voon Yu Huat

Sub Committees

Scientific: Dr. Florence Tan Hui Sieng (*Chairman*)
Dr. Jeshen Lau Hui Giek
Dr. Lau Bik Kui

Dr. Loh Huai Heng
Dr. Frederick Walter de Rozario

Dr. Kuan Yueh Chien
Dr. Kalwinder Singh Khaira

Local Promotion: Ms. Jessie Voon

Transportation: Mr. Tommy Sim, Mr. Daniel Voon

Leisure: Ms. Valarie Voon, Mr. Alex Yeo

Secretariat Support: Ngui, Ms. Pauline Tiu

International Advisory Board

Emeritus Professor Augusto D. Litonjua, *Philippines*
Emeritus Professor Clive S. Cockram, *Hong Kong*
Emeritus Professor Morsi Arab, *Egypt*
Professor Eberhard Standl, *Germany*
Professor Harold E. Lebovitz, *USA*

Professor Luc Van Gaal, *Belgium*
Professor Philip Home, *United Kingdom*
Professor Thep Himathongkam, *Thailand*
Professor Timothy Davis, *Australia*
Professor Xu Zhang Rong, *China*

Invited Conference Speakers/Chairpersons*

International Faculty:



1. Emeritus Professor Augusto D. Litonjua
Internal Medicine Specialist,
Makati Medical Centre,
PHILIPPINES



7. Professor Luc Van Gaal
Professor of Medicine
Antwerp University Hospital
BELGIUM



2. Professor Bilal Younis
Professor of Medicine
Sakina Institute of Diabetes and Endocrine Research (SiDER)
PAKISTAN



8. Professor Richard Donnelly
Professor of Medicine
University of Nottingham
UNITED KINGDOM



3. Professor Chittaranjan S. Yajnik
Director, Diabetes Unit
King Edward Memorial Hospital & Research Centre
INDIA



9. Professor Ronald Ching Wan Ma
Department of Medicine and Therapeutics
Chinese University of Hong Kong
HONG KONG



4. Professor Eberhard Standl
Professor of Medicine
The Helmholtz Center, Munich
GERMANY



10. Professor Samir Naim Assaad
Professor of Medicine & Endocrinology
Alexandria Medical School
EGYPT



5. Professor Harold E. Lebovitz
Professor of Medicine
State University of New York
USA



11. Professor Timothy Davis
Professor of Medicine
The University of Western Australia
AUSTRALIA



6. Professor Lesley V. Campbell
Senior Endocrinologist
Garvan Institute of Medical Research
AUSTRALIA



12. Assoc. Prof. Sompongse Suwanwalaikorn
Medical Staff & Consultant,
Division of Endocrinology and Metabolism,
Chulalongkorn University, THAILAND

The International Faculty is complemented by 30 to 40 local experts in diabetes and related fields

**Subject to change*

Conference Outline*

26 July 2018			27 July 2018			28 July 2018			29 July 2018			
THURSDAY			FRIDAY			SATURDAY			SUNDAY			
(0700–0815) REGISTRATION			(0730–0815) REGISTRATION			(0730–0815) REGISTRATION						
(0815–0900) Plenary 1			(0815–0900) Plenary 4			(0815–0900) Plenary 6			(0815–0900) Plenary 8			
(0900–0945) Plenary 2			(0900–0945) **Special Lecture 1			(0900–0945) **Special Lecture 2			(0900–0945) Plenary 9			
Coffee Break (0945–1015)												
(1015–1215)			(1015–1215)			(1015–1215)			(1015–1215)			
Main Symposium 1A	Main Symposium 1B	Main Symposium 1C	Main Symposium 2A	Main Symposium 2B	**Main Symposium 2C	Main Symposium 4A	**Main Symposium 4B [booked by Boehringer Ingelheim]	**Main Symposium 4C	Main Symposium 6A	Main Symposium 6B		
(1215–1315)			(1215–1315)			(1215–1315)			(1215–1315)			
**Lunch Symposium 1A		**Lunch Symposium 1B	**Lunch Symposium 2		Friday Prayers	**Lunch Symposium 3			"Free Paper Presentations Awarding Ceremony" - Professor Mustaffa Young Investigators' - Oral - Poster			
Lunch (1315–1400)												
(1400–1530)			(1400–1530)			(1400–1530)					End of Conference	
Experts' Case Discussion			Main Symposium 3A	**Main Symposium 3B	Main Symposium 3C	Main Symposium 5A	**Main Symposium 5B	Main Symposium 5C				
1	2	3										
Free Paper Presentations												
1	2											
Tea Break (1530–1600)												
(1600–1645) Plenary 3			(1600–1645) Plenary 5			(1600–1645) Plenary 7						
(1645–1730)			(1645–1730)			(1645–1730)						
Meet-the-Professor 1A	Meet-the-Professor 1B	Meet-the-Professor 2A	Meet-the-Professor 2B	Meet-the-Professor 3A	Meet-the-Professor 3B							

*Subject to change ** Slots available for Sponsors

Scientific Programme*

Plenary Topics:

1. Brown Fat: Implications for Obesity and Diabetes
2. Heart Failure in Diabetes
– From Increased Risk to A Treatment Target
3. Immunotherapy for Prevention and Treatment of Type 1 Diabetes: An Update
4. Newer Drugs for the Treatment of Diabetes
5. Old-drug Metformin: Established and Potential Benefits
6. Pancreatic Alpha and Beta Cell Dysfunction in Type 2 Diabetes: Current Understanding and Treatment Prospects
7. The Unmet Needs of Managing T2DM: Can We Do Better?
8. Balancing Benefits and Risks of Diabetes Therapies
9. The Borderline Blood Glucose (IFG/IGT): Scope of Problem, Implications and Management

Free paper presentation

Free paper presentation is open for all aspects of (clinical and basic science) research relating to diabetes, its complications and co-morbidities.

Participants are encouraged to submit free papers for oral or poster presentation. Please refer to the attached paper "Call for Free Paper Abstracts" for instruction. Closing date for free paper abstract submission is June 1, 2018.

Free paper presentation will be judged for either the "Professor Mustaffa Young Investigators' Awards", "Best Oral Presentation Awards" or "Best Poster Presentation Awards". An awarding ceremony will be held at the end of the Conference.

"PROFESSOR MUSTAFFA YOUNG INVESTIGATORS' AWARDS"

Participants are invited for "PROFESSOR MUSTAFFA YOUNG INVESTIGATORS' AWARDS" which is open to those accepted for oral presentation with the following criteria **:

1. Age 35 years or less (at the time of submission)
2. Main researcher (> 60% contribution) of an original research for the paper to be presented
3. First author and must be a registered participant
4. First author shall present the paper again at the awarding ceremony (when applicable)

**Please fill-in the Declaration Form.

Symposium Themes/Topics include:

MAIN SYMPOSIUM 1A

Theme: Gestational Diabetes

- Topic:**
- 1 Rising Prevalence of GDM in Asia – Challenges and Solutions
 - 2 Medical Nutritional and Pharmacological Therapies During Pregnancy
 - 3 Preventing Long-Term Complications of GDM

MAIN SYMPOSIUM 1B

Theme: Nutritional and Physical Activity Therapies for Diabetes

- Topic:**
- 1 Evidence-based Nutrition Guidelines for the Prevention and Management of Diabetes
 - 2 Exercise is Medicine for Diabetics Emphasising Those with Co-Morbidity
 - 3 Low-Calorie Sweeteners in Diabetes Management

MAIN SYMPOSIUM 1C

Theme: Cardiovascular Disease Prevention in Type 2 Diabetes

- Topic:**
- 1 CVOTs with Injectables
 - 2 CVOTs with Oral Agents
 - 3 Would Multifactor Intervention Further Improve CVD Outcomes?

MAIN SYMPOSIUM 2A

Theme: In-Patient Diabetes Care

- Topic:**
- 1 Glycaemic Targets for In-Patients
 - 2 Medical Nutrition Therapy in the Hospital
 - 3 Use of Technology in Hospital Setting

MAIN SYMPOSIUM 2B

Theme: Mental Health and Diabetes

- Topic:**
- 1 Cognitive Impairment and Alzheimer's in Type 2 Diabetes Patients
 - 2 Psychological Outcomes in Relatives of Diabetics: The DAWN Studies
 - 3 Clinical Interventions for Diabetes Distress

MAIN SYMPOSIUM 3A

Theme: Is There A Role for the Newer Insulins?

- Topic:**
- 1 Fast and Ultra-Fast Preparations
 - 2 Long and Longer-Acting Insulins
 - 3 Oral Insulin

MAIN SYMPOSIUM 3C

Theme: Diagnosis and Clinical Relevance of Diabetes Subtypes

- Topic:**
- 1 LADA
 - 2 Monogenic Diabetes
 - 3 Type 3c Diabetes: The Exocrine Pancreas

MAIN SYMPOSIUM 4A

Theme: Advances in the Understanding of Gut Microbiota

- Topic:**
- 1 Gut Microbiota on Metabolic Health and Disease: What and How
 - 2 Modulating Gut Microbiome: Diet and Drugs
 - 3 Enough Evidence to Prevent/ Treat Diabetes by Altering Gut Microbiota

MAIN SYMPOSIUM 5A

Theme: More on SGLT2i

- Topic:**
- 1 SGLT2 Inhibition and Cardiovascular Disease
 - 2 Use of SGLT2i in Patients with Impaired Renal Function: Safe?
 - 3 Combining SGLT2i and SGLT1i: Better?

MAIN SYMPOSIUM 5C

Theme : Diabetes in Children

- Topic:**
- 1 Treatment of Obesity and Type 2 Diabetes in Children
 - 2 Practical Use of Glucose Sensors and Insulin Pumps in 2018: How Useful?
 - 3 Is There Any Role for SGLT2i or GLP-1 RA in Type 1 Diabetes?

MAIN SYMPOSIUM 6A

Theme: Fighting Clinical Inertia

- Topic:**
- 1 Clinical Inertia: How to Overcome Barriers to Early Treatment Intensification
 - 2 Enabling Patients to Accept Insulin Injections: Practical Approach
 - 3 Motivational Interviewing

MAIN SYMPOSIUM 6B

Theme: Associated Diseases

- Topic:**
- 1 Hypertension in Diabetics: What Is the Target Now?
 - 2 Anti-Hyperglycaemic Drugs for Weight Control
 - 3 Hypoglycaemia: Marker or Cause of Cardiovascular Mortality?

**Subject to change*

Experts' Case Discussion

1. An Obese Person with Diabetes
2. A Type 1 Child with Frequent Hypo and Hyper
3. A Difficult-to-Control Type 2 Patient

Meet-The-Professor Sessions

1. Insulin Initiation and Intensification: With What, When and How
2. Strategies to Achieving Effective and Sustained Glycaemic Control in T2DM
3. Advances in Controlling Blood Glucose in T1DM Patients
4. Diet for People with Diabetes Including Low GI and 'Diabetic' Foods and Supplements
5. Enhancing Nurses' Roles in Diabetes Care
6. Preventing Diabetes: Shared Responsibilities

**Subject to change*

Registration & Fees

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the registration fee to the Secretariat of the **'Diabetes Asia 2018' Conference** by mail or fax.

Registration fee covers admission to all NADI 'Diabetes Asia 2018' Conference sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (subsidised rates)

REGISTRATION	Conference Fee*	GST** (6%)	Total Payable	Please Tick
Early Bird Registration (before May 31, 2018)	RM780	RM46.80	RM826.80	
AFTER May 31, 2018	RM880	RM52.80	RM932.80	

International Delegates

REGISTRATION	Conference Fee	Please Tick
Early Bird Registration (before May 31, 2018)	USD500	
AFTER May 31, 2018	USD600	

*Subsidised rates **GST (Goods and Services Tax)

Please register early to enjoy "Early Bird" discount for registration.

NOTE: Special discount is available for group booking and attendance to both DCOM and DAC, 2018. Kindly check with the Secretariat.

Registration fee should be made payable to: **National Diabetes Institute**. Please refer to the instruction on payment.

Accommodation

Special room rates have been arranged for the conference participants from July 26 – 29, 2018, at the following hotels:

- Pullman Kuching
- Riverside Majestic Hotel
- Abell Boutique Hotel
- Hilton Kuching
- The Waterfront Hotel
- Grand Margherita Hotel
- Lime Tree Hotel
- UCSI Hotel

Participants are advised to reserve their hotel accommodation early. Please book the hotel of your choice through Straits Central Travel and Tour Agencies Sdn. Bhd. (except *The Waterfront Hotel* – direct booking with the hotel is required)

Please specify that you wish to book as a participant of the National Diabetes Institute 'Diabetes Asia 2018' Conference in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Pre & Post Conference Tours

Pre and Post Conference tours are being organised for delegates to appreciate exotic Sarawak and Borneo. Please refer to the attached brochure or contact the Secretariat for details.

Disclaimer:

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation and/or tours.

For further Information and Updates regarding the 'Diabetes Asia 2018' Conference, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Farah / Ms. Amelia / Ms. Su'aidah / Ms. Melissa)

National Diabetes Institute (NADI)

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or visit our website:

www.diabetesmalaysia.com.my

Complimentary Shuttle
Coach from Hotels
in brochure to BCKK
will be provided daily

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia.

The main objectives of NADI are:

- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle
- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases

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