

SCIENTIFIC PROGRAMME
17th CPD: "Diabetes Asia 2018" Conference
July 26-29, 2018

DAY 1 - JULY 26, 2018 (THURSDAY)

0700 - 0815 **REGISTRATION**

0815 - 0900 **PLENARY 1**

Chairman: Emeritus Professor Dato' Mustaffa Embong, *National Diabetes Institute (confirmed)*

BROWN FAT: IMPLICATIONS FOR OBESITY AND DIABETES

Speaker : Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

0900 - 0945 **PLENARY 2**

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia (confirmed)*

HEART FAILURE IN DIABETES - FROM INCREASED RISK TO A TREATMENT TARGET

Speaker : Professor Eberhard Standl, *GERMANY*

0945 - 1015 **COFFEE BREAK**

1015 - 1215 ***Concurrent Main Symposium 1***

MAIN SYMPOSIUM 1A

THEME : GESTATIONAL DIABETES

Chairman: Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*

- i) **Rising Prevalence of GDM in Asia - Challenges and Solutions**
Speaker
- ii) **Medical Nutritional and Pharmacological Therapies During Pregnancy**
Speaker
- iii) **Preventing Long-Term Complications of GDM**
Professor Dato' Sivalingam Nalliah, *International Medical University*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 1B

THEME : NUTRITIONAL AND PHYSICAL ACTIVITY THERAPIES FOR DIABETES

Chairman: Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **Evidence-based Nutrition Guidelines for the Prevention and Management of Diabetes**
Professor Winnie Chee Siew Swee, *International Medical University*
- ii) **Exercise is Medicine for Diabetics Emphasising Those with Co-Morbidity**
Associate Professor Mohd Nahar Azmi Mohamed, *University Malaya Medical Centre*
- iii) **Low-Calorie Sweeteners in Diabetes Management**
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 1C

THEME : CARDIOVASCULAR DISEASE PREVENTION IN TYPE 2 DIABETES

Chairman: Dato' Dr. Nor Azizah Aziz, *Penang General Hospital*

- i) **CVOTs with Injectables**
Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*
- ii) **CVOTs with Oral Agents**
Professor Eberhard Standl, *GERMANY*
- iii) **Would Multifactor Intervention further Improve CVD Outcomes?**
Professor Timothy Davis, *AUSTRALIA*
- iv) **Panel Discussion**

1215 - 1315 **Concurrent Lunch Symposium 1**

LUNCH SYMPOSIUM 1A

Sponsored by Eli Lilly (M) Sdn Bhd

Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*

PARADIGM SHIFT IN THE INJECTABLE DISCUSSION: FROM CLINICAL TRIALS TO REAL-WORLD EVIDENCE

Speaker : Professor Luc Van Gaal, *BELGIUM*

LUNCH SYMPOSIUM 1B

Sponsored by CCM Pharmaceuticals Sdn Bhd

Chairman: Dr. Florence Tan Hui Sieng, *Sarawak General Hospital*

BIOSIMILAR GLARGINE - THE MALAYSIAN EXPERIENCE

Speaker : Dr. Zanariah Hussein, *Hospital Putrajaya*

1315 - 1400 **LUNCH**

1400 - 1530 **Concurrent Experts' Case Discussions and Free Paper Presentations**

EXPERTS' CASE DISCUSSION 1

Chairman:

AN OBESE PERSON WITH DIABETES

Presenter: Dr. Lau Bik Kui, *Sarawak General Hospital*

- Panel: i. Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*
 ii. Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*
 iii. Professor Lesley V. Campbell, *AUSTRALIA*

EXPERTS' CASE DISCUSSION 2

Chairman: Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*

A TYPE 1 CHILD WITH FREQUENT HYPO AND HYPER

Presenter:

- Panel: i. Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*
 iii. Associate Professor Sompongse Suwanwalaikorn, *THAILAND*

EXPERTS' CASE DISCUSSION 3

Chairman: Dr. Florence Tan Hui Sieng, *Sarawak General Hospital*

A DIFFICULT-TO-CONTROL TYPE 2 PATIENT

Presenter:

- Panel: i. Dato' Dr. Nor Azizah Aziz, *Penang General Hospital*
 ii. Professor Harold E. Lebovitz, *USA*
 iii. Professor Samir Naim Assaad, *EGYPT*

Free Paper Presentations

(Details refer to 'Abstracts Free Paper Presentation')

1530 - 1600 TEA BREAK

1600 - 1645 **PLENARY 3**

Chairman: Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*

IMMUNOTHERAPY FOR PREVENTION AND TREATMENT OF TYPE 1 DIABETES: AN UPDATE

Speaker: Professor Richard Donnelly, *UNITED KINGDOM*

1645 - 1730 **Concurrent Meet the Professor 1**

MEET THE PROFESSOR 1A

Chairman : Associate Professor Muhammad Yazid Jalaludin, *University Malaya Medical Centre*

INSULIN INITIATION AND INTENSIFICATION: WITH WHAT, WHEN AND HOW

Resource Person : Emeritus Professor Augusto D. Litonjua, *PHILIPPINES*

MEET THE PROFESSOR 1B

Chairman : Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

STRATEGIES TO ACHIEVING EFFECTIVE AND SUSTAINED GLYCAEMIC CONTROL IN T2DM

Resource Person : Professor Harold E. Lebovitz, *USA*

**** END OF DAY 1 ****

DAY 2 - JULY 27, 2018 (FRIDAY)0715 - 0815 **REGISTRATION**0815 - 0900 **PLENARY 4**Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash Unviersity Malaysia***NEWER DRUGS FOR THE TREATMENT OF DIABETES**Speaker : Professor Timothy Davis, *AUSTRALIA*0900 - 0945 **SPECIAL LECTURE 1***Sponsored by Abbott Laboratories (M) Sdn Bhd*Chairman: Professor Winnie Chee Siew Swee, *International Medical University***STRUCTURED LIFESTYLE INTERVENTION IN DIABETES AND THE ROLE OF MRP**Speaker: Associate Professor Barakatun Nisak Mohd Yusof, *Universiti Putra Malaysia*0945 - 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 2****MAIN SYMPOSIUM 2A***Sponsored by AstraZeneca Sdn Bhd*Chairman: Dr. Anton Alexander, *AstraZeneca Sdn Bhd*

- i) **Sustainable HbA1c Control in T2DM: Cornerstone with Once Weekly Exenatide**
Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **Dapagliflozin: From Real World Evidence to Clinical Experience**
Dr. Emily Tan Lay Koon, *Institut Jantung Negara*
- iii) **Panel Discussion**

MAIN SYMPOSIUM 2B**THEME : MENTAL HEALTH AND DIABETES**Chairman: Dr. Florence Tan Hui Sieng, *Sarawak General Hospital*

- i) **Cognitive Impairment and Alzheimer's in Type 2 Diabetes Patients**
Professor Ahmad Hatim Sulaiman, *University Malaya Medical Centre*
- ii) **Psychological Outcomes in Relatives of Diabetics: The DAWN Studies**
Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Clinical Interventions for Diabetes Distress**
Speaker
- iv) *Sponsored by Servier (M) Sdn Bhd*
Diabetes and Depression: Intimate but Complicated Relationship
Dr. Hazli Zakaria, *Universiti Kebangsaan Malaysia Medical Centre*
- v) **Panel Discussion**

MAIN SYMPOSIUM 2C**THEME : IN-PATIENT DIABETES CARE**Chairman: Dato' Dr. Nor Azizah Aziz, *Penang General Hospital*

- i) **Use of Technology in Hospital Setting**
Associate Professor Sompongse Suwanwalaikorn, *THAILAND*
- ii) **Medical Nutrition Therapy in the Hospital**
Associate Professor Barakatun Nisak Mohd Yusof, *Universiti Putra Malaysia*
- iii) **Glycaemic Targets for In-Patients**
Dr. Zanariah Hussein, *Hospital Putrajaya*
- iv) **Panel Discussion**

1215 - 1315

LUNCH SYMPOSIUM 2*Sponsored by Pfizer Malaysia Sdn Bhd*

Chairman: Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
IMPROVING CV OUTCOMES IN PATIENTS WITH DIABETIC DYSLIPIDEMIA
 Speaker : Dr. Choor Chee Ken, *KPJ Rawang Hospital*

1315 - 1400

LUNCH

1400 - 1530

Concurrent Main Symposium 3**MAIN SYMPOSIUM 3A***Sponsored by Zuellig Pharma Sdn Bhd***THEME : CARDIOVASCULAR AND METABOLIC MANAGEMENT**Chairman: Dr. Maziah Ishak, *Sarawak General Hospital*

- i) **Case Illustrations for DPP4 inhibitors for better Diabetes Management**
Dr. Radhakrishna Sothiratnam, *Columbia Asia Hospital Seremban*
- ii) **Hypertension Update - Evidence of Fimasartan in Asian Patients with Metabolic Syndrome**
Dr. Radhakrishna Sothiratnam, *Columbia Asia Hospital Seremban*
- iii) **Panel Discussion**

MAIN SYMPOSIUM 3B**THEME : IS THERE A ROLE FOR THE NEWER INSULINS?**Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia*

- i) **Fast and Ultra-Fast Preparations**
Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*
- ii) **Long and Longer-Acting Insulins**
Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Future and Alternative Routes of Insulin Administration**
Professor Luc Van Gaal, *BELGIUM*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 3C**THEME : DIAGNOSIS AND CLINICAL RELEVANCE OF DIABETES SUBTYPES**Chairman: Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **LADA**
Dr. Florence Tan Hui Sieng, *Sarawak General Hospital*
- ii) **Monogenic Diabetes**
Dato' Dr. Nor Azizah Aziz, *Penang General Hospital*
- iii) **Type 3c Diabetes: The Exocrine Pancreas**
Professor Bilal Younis, *PAKISTAN*
- iv) **Panel Discussion**

1530 - 1600

TEA BREAK

1600 - 1645

PLENARY 5

Chairman: Dr. Florence Tan Hui Sieng, *Sarawak General Hospital*
THE BORDERLINE BLOOD GLUCOSE (IFG/IGT): SCOPE OF PROBLEM, IMPLICATIONS AND MANAGEMENT
 Speaker : Professor Luc Van Gaal, *BELGIUM*

1645 - 1730

Concurrent Meet the Professor 2**MEET THE PROFESSOR 2A**Chairman : Associate Professor Muhammad Yazid Jalauldin, *University Malaya Medical Centre***ADVANCES IN CONTROLLING BLOOD GLUCOSE IN T1DM PATIENTS**Resource Person : Professor Richard Donnelly, *UNITED KINGDOM*

MEET THE PROFESSOR 2BChairman : Professor Winnie Chee Siew Swee, *International Medical University***DIET FOR PEOPLE WITH DIABETES INCLUDING LOW GI AND 'DIABETIC' FOODS AND SUPPLEMENTS**Resource Person : *Dr. Lee Ching Li, International Medical University***** END OF DAY 2 ******DAY 3 - JULY 28, 2018 (SATURDAY)**0730 - 0815 **REGISTRATION**0815 - 0900 **PLENARY 6**Chairman: Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia***PANCREATIC ALPHA AND BETA CELL DYSFUNCTION IN TYPE 2 DIABETES: CURRENT UNDERSTANDING AND TREATMENT PROSPECTS**Speaker : Professor Richard Donnelly, *UNITED KINGDOM*0900 - 0945 **SPECIAL LECTURE 2***Sponsored by Novo Nordisk Pharma (Malaysia) Sdn Bhd*Chairman: Dr. Zanariah Hussein, *Hospital Putrajaya***AIMING FOR BETTER EFFICACY AND SIMPLICITY WITHOUT THE FEAR OF HYPO- THE STORY OF NEXT GENERATION INSULINS**Speaker : Dr. Alexander Tan Tong Boon, *University Malaya Medical Centre*0945 - 1015 **COFFEE BREAK**1015 - 1215 **Concurrent Main Symposium 4****MAIN SYMPOSIUM 4A***Sponsored by Boehringer Ingelheim (Malaysia) Sdn Bhd*Chairman: Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **The Simplicity of DPP4i in Treating T2DM Patients**
Dr. Jeshen Lau Hui Giek, *Borneo Medical Centre*
- ii) **When Glucose Control Isn't Enough - Cardiovascular Risk Management as the New Standard of Care in T2D Treatment**
Professor Chee Kok Han, *University Malaya Medical Centre*
- iii) **Combination of DPP4i and SGLT2i in One Small Pill – Is This the Future of Oral Glycaemic Control Agent?**
Dr. Peter J Lin, *Canadian Heart Research Centre*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 4B*Sponsored by sanofi-aventis (Malaysia) Sdn Bhd*Chairman: Dr. Zanariah Hussein, *Hospital Putrajaya*

- i) **Real World Evidence (RWE) on the Next Generation Basal Insulin and the BRIGHT Study**
Dr. Radhakrishna Sothiratnam, *Columbia Asia Hospital Seremban*
- ii) **Panel Discussion**

MAIN SYMPOSIUM 4C**THEME : ADVANCES IN THE UNDERSTANDING OF GUT MICROBIOTA**Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*

- i) **Gut Microbiota on Metabolic Health and Disease: What and How**
Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre*
- ii) **Modulating Gut Microbiome: Diet and Drugs**
Speaker
- iii) **Enough Evidence to Prevent/ Treat Diabetes by Altering Gut Microbiota**
Professor Samir Naim Assaad, *EGYPT*

- iv) **Sponsored by Servier (M) Sdn Bhd**
The Use of *Saccharomyces boulardii* CNCM I-745 in GI Disorders
 Associate Professor Raja Affendi Raja Ali, *Universiti Kebangsaan Malaysia Medical Centre*

- v) **Panel Discussion**

1215 - 1315

LUNCH SYMPOSIUM 3*Sponsored by Servier (M) Sdn Bhd*Chairman: Dr. Jeshen Lau Hui Giek, *Borneo Medical Centre***WHAT'S NEXT AFTER METFORMIN? THE PLACE OF SULPHONYLUREAS IN THE LIGHT OF CURRENT EVIDENCES**Speaker : Professor Richard Donnelly, *UNITED KINGDOM*

1315 - 1400

LUNCH

1400 - 1530

Concurrent Main Symposium 5**MAIN SYMPOSIUM 5A****THEME : MORE ON SGLT2i**Chairman: Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **SGLT2 Inhibition and Cardiovascular Disease**
 Professor Lesley V. Campbell, *AUSTRALIA*
- ii) **Use of SGLT2i in Patients with Impaired Renal Function: Safe?**
 Speaker
- iii) **Combining SGLT2i and SGLT1i: Better?**
 Speaker
- iv) **Panel Discussion**

MAIN SYMPOSIUM 5B**THEME : DIABETES IN CHILDREN**Chairman: Dr. Zanariah Hussein, *Hospital Putrajaya*

- i) **Treatment of Obesity and Type 2 Diabetes in Children**
 Speaker
- ii) **Practical Use of Glucose Sensors and Insulin Pumps in 2018: How Useful?**
 Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Is There Any Role for SGLT2i or GLP-1 RA in Type 1 Diabetes?**
 Professor Eberhard Standl, *GERMANY*
- iv) **Panel Discussion**

1530 - 1600

TEA BREAK

1600 - 1645

PLENARY 7Chairman: Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre***THE UNMET NEEDS OF MANAGING T2DM: CAN WE DO BETTER?**Speaker : Professor Harold E. Lebovitz, *USA*

1645 - 1730

Concurrent Meet the Professor 3**MEET THE PROFESSOR 3A**Chairman : Dr. Zanariah Hussein, *Hospital Putrajaya***ENHANCING NURSES' ROLES IN DIABETES CARE**Resource Person : Professor Eberhad Standl, *GERMANY***MEET THE PROFESSOR 3B**Chairman : Professor Abdul Rashid Abdul Rahman, *An-Nur Specialist Hospital***PREVENTING DIABETES: SHARED RESPONSIBILITIES**Resource Person : Professor Samir Naim Assaad, *EGYPT*

DAY 4 - JULY 29, 2018 (SUNDAY)**0815 - 0900 PLENARY 8**

Chairman: Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
DIABETES DISTRESS AND DEPRESSION: NEW MANAGEMENT APPROACHES
 Speaker : Professor Lesley V. Campbell, *AUSTRALIA*

0900 - 0945 PLENARY 9

Chairman: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia*
OLD DRUG METFORMIN: ESTABLISHED AND POTENTIAL BENEFITS
 Speaker : Professor Samir Naim Assaad, *EGYPT*

0945 - 1015 COFFEE BREAK**1015 - 1215 Concurrent Main Symposium 6****MAIN SYMPOSIUM 6A****THEME : FIGHTING CLINICAL INERTIA**

Chairman: Dr. Zanariah Hussein, *Hospital Putrajaya*

- i) **Clinical Inertia: How to Overcome Barriers to Early Treatment Intensification**
Speaker
- ii) **Enabling Patients to Accept Insulin Injections: Practical Approach**
Professor Nor Azmi Kamaruddin, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Motivational Interviewing – A Dietitian's Perspective**
Dr. Lee Ching Li, *International Medical University*
- iv) **Panel Discussion**

MAIN SYMPOSIUM 6B**THEME : ASSOCIATED DISEASES**

Chairman: Associate Professor Norlaila Mustafa, *Universiti Kebangsaan Malaysia Medical Centre*

- i) **Hypertension in Diabetics: What is the Target Now?**
Professor Abdul Rashid Abdul Rahman, *An-Nur Specialist Hospital*
- ii) **Anti-Hyperglycaemic Drugs for Weight Control**
Professor Norlela Sukor, *Universiti Kebangsaan Malaysia Medical Centre*
- iii) **Hypoglycaemia: Marker or Cause of Cardiovascular Mortality?**
Professor Harold E. Lebovitz, *USA*
- iv) **Panel Discussion**

1215 - 1315 FREE PAPER PRESENTATIONS AWARDING CEREMONY

- **BEST ORAL PRESENTATION AWARD**
- **BEST POSTER PRESENTATION AWARD**
- **PROF MUSTAFFA YOUNG INVESTIGATORS' AWARD**

1315 - 1400 LUNCH & CLOSE

JUDGING PANELS

Chief: Professor Dato' Anuar Zaini Md. Zain, *Monash University Malaysia (confirmed)*

Date/Time: **July 26, 2018 (Thursday) 1400 - 1530**

Section: Prof Mustaffa Young Investigators' Award

- 1) Professor Dato' Ikram Shah Ismail, *University Malaya Medical Centre (Head)*
- 2) Professor Eberhard Standl, *GERMANY*
- 3) Professor Timothy Davis, *AUSTRALIA*

Date/Time: **July 26 & 27, 2018 (Thursday & Friday) 1530 - 1600**

Section: Best Poster Presentation Award

- 1) Dr. Zanariah Hussein, *Hospital Putrajaya (Head)*
- 2) Professor Samir Naim Assaad, *EGYPT*
- 3) Associate Professor Sompongse Suwanwalaikorn, *THAILAND*

Date/Time: **July 26, 2018 (Thursday) 1400 - 1530**

Section: Best Oral Presentation Award

- 1) Professor Dato' Mafauzy Mohamed, *Hospital Universiti Sains Malaysia (Head)*
- 2) Dr. Muhammad Saif Ulhaque, *PAKISTAN*
- 3) Professor Luc Van Gaal, *BELGIUM*