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**ATTENTION**

**PUBLIC FORUM**

*For People with Diabetes*



# You are invited to attend a Public Forum on Diabetes

## TOPICS

**1**

### How to manage your diabetes

**Associate Professor Dr Norlaila Mustafa**  
*Consultant Endocrinologist/Senior Lecturer*  
Universiti Kebangsaan Malaysia  
Medical Centre (UKMMC) Kuala Lumpur

**2**

### Foods for people with diabetes

**Ms. Soh Pheh Huang**  
*Dietitian*  
Nutrition & Dietetics Department,  
International Medical University (IMU), Kuala Lumpur

#### CHAIRPERSON

**Dr. Miza Hiriyanti Zakaria**  
*Consultant Endocrinologist*  
Hospital Tengku Ampuan Afzan (HTAA), Pahang

**27th October 2018**

**2.30 pm – 5.00 pm**

Bilik Latihan, Tingkat 3,  
Perbadanan Perpustakaan Awam Pahang,  
Jalan Kemunting, Kuantan, Pahang

**FREE !!**

*Blood sugar test, Blood Pressure check,  
Height & Weight (BMI)*

*For registration or enquiry, please contact:*

**National Diabetes Institute (NADI)**

Tel: 03-7876 1676 H/P: 019 762 1773 Fax: 03-7876 1679  
enquiry@nadidiabetes.com.my

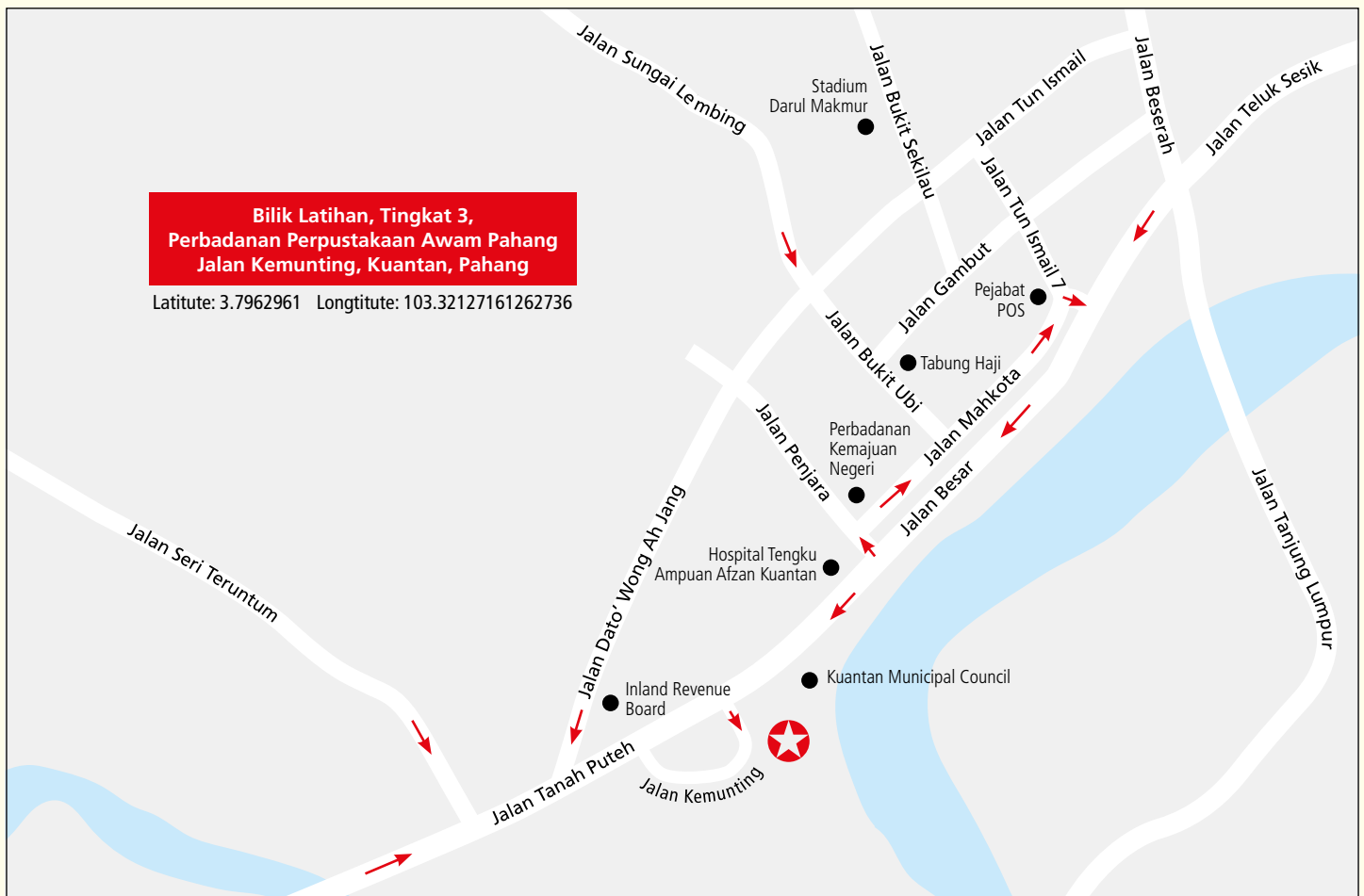
**ADMISSION FEE**  
RM 20 per person  
(for refreshment)

**SEATS  
ARE LIMITED**

*Please register early*

## PUBLIC FORUM LOCATION MAP

Perbadanan Perpustakaan Awam Pahang, Jalan Kemunting, Kuantan, Pahang



## About National Diabetes Institute (NADI)

National Diabetes Institute (NADI) is established to provide dedicated and comprehensive service to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH) Malaysia, with our Prime Minister YAB Tun Dr. Mahathir Mohamad as Patron.

### The main objectives of NADI are:

1. To be a National Diabetes Education Resource Centre for the country
2. To establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
3. To create and maintain a National Diabetes Registry
4. To coordinate and conduct research in diabetes and related conditions in Malaysia
5. To be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
6. To prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle

**NADI** NATIONAL  
DIABETES  
INSTITUTE  
CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

### NADI Office:

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