

An Initiative by

**NADI** NATIONAL  
DIABETES  
INSTITUTE

CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS



THE BRANDLAUREATE  
CSR AWARDS 2018  
NATIONAL DIABETES  
INSTITUTE



THE BRANDLAUREATE  
CSR BRANDEADERSHIP  
AWARDS 2018  
PROF. MUSTAFFA EMBONG

Endorsed by



Ministry of Health Malaysia



# NADI ADVOCATE PROGRAMME FOR GENERAL PRACTITIONERS REGIONAL DIABETES COURSE

**August 3 – 4, 2019**

**Sheraton Imperial Kuala Lumpur Hotel**  
Jalan Sultan Ismail, 50250 Kuala Lumpur, Malaysia

## Objective for the Course

'NADI Advocate' Initiative hopes to help healthcare professionals specifically the general practitioners to further improve the quality of diabetes care for people with diabetes and achieve conformity of standards in diabetes care in Malaysia

## Benefits of a 'NADI Advocate'\*\*

- ✓ Certificate as NADI Advocate
- ✓ Clinic Plaque
- ✓ Access to NADI and D' Centers websites
- ✓ Free patient support materials  
eg. NADI Magazine, educational booklets & pamphlets
- ✓ Advice on Diabetes Management
- ✓ Participate in the IoT cloud-based diabetes management monitoring
- ✓ Attend NADI Conferences and Courses at reduced rates

\*\* Terms & Conditions applies. Please refer to the attachments for details

**The Regional Diabetes Course is opened to all doctors  
both in government and private sectors but only general practitioners  
are eligible to be considered to enter the "NADI Advocate" programme.**

**COURSE FEE\* RM450.00**

*\*subsidised rate*

Secretariat 'NADI ADVOCATE FOR GENERAL PRACTITIONERS' – REGIONAL DIABETES COURSE'  
**National Diabetes Institute (NADI)**

No. 1 Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA

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# QUALITY CARE FOR PEOPLE WITH DIABETES PROGRAMME

## 'NADI ADVOCATE' FOR GENERAL PRACTITIONERS

### REGIONAL DIABETES COURSE

#### 1. Objectives

'NADI Advocate' Initiative hopes to help healthcare professionals specifically the general practitioners to further improve the quality of diabetes care for people with diabetes and achieve conformity of standards in diabetes care in Malaysia.

#### 2. Preamble

The rising prevalence of diabetes globally (Malaysia included) is an urgent indication that more needs to be done to combat this presently incurable disease.

At the health care level, the National Diabetes Institute (NADI) has been actively conducting programmes to further enhance the medical practice standards among healthcare professionals involved in the management of diabetes. These include the Continuing Professional Development (CPD) Series with annual Diabetes Asia Conference and the Diabetes Complications Conference & Grand Rounds Recently, NADI also started the intensive Diabetic Footcare Course and the Managing Diabetes Course. All of these educational activities aim to keep healthcare professionals updated on practical aspects of management of diabetes, its complications and related diseases, as well as the latest advancements in practical diabetes care.

Since 2018, NADI embarks on 'Quality Care for People with Diabetes' Programme with an initiative called 'NADI Advocate for General Practitioners'. This '**NADI Advocate**' is a new initiative for healthcare professionals comprising a series of courses (lectures/case discussions) that will be held regionally throughout the country.

Through 'NADI Advocate', NADI hopes to help healthcare professionals specifically the general practitioners to **further improve the quality of diabetes care and achieve conformity of standards in diabetes care in Malaysia.**

#### 3. NADI Advocate Regional Diabetes Course (NADI RDC)

- NADI Regional Diabetes Course is a refresher course for healthcare professionals on the basic aspects of diabetes management.
- The 2-day lectures/case discussions will be delivered by experts in diabetes and will emphasise the practical aspects of diabetes care to achieve a minimum standard.
- **The Course is opened to all doctors in Government and Private sectors. Attendees may receive a certificate of attendance and General Practitioners will be eligible to enter a programme for accreditation as 'NADI Advocate'.**
- **Three (3) Regional Diabetes Courses will be conducted every year** (subject to availability of funding).
- Based on previous events, participant is expected to receive 10 CPD points.
- **About 100 to 150 participants are expected to attend a Regional Diabetes Course initially.** The number is expected to increase once the course and 'Quality Care for People with Diabetes' Programme is more established.

Certificate of Attendance will be awarded at the end of the Course. Based on the assessment results, General Practitioner participants will be informed (by email and/or Whatsapp) if they are eligible to participate in a programme for accreditation as 'NADI Advocate'.

## Scientific Programme\*

DAY 1: August 3, 2019 (Saturday)	
0745	REGISTRATION
0825 – 0830	Briefing of Course Outline
0830 – 1000	Presentation/Diagnosis/Principle of Management i) Type 1 (15 min) ii) Type 2 (30 min) iii) Gestational Diabetes (30 min) iv) Type 3 Diabetes (15 min)
1000 – 1030	Sponsored lecture
1030 – 1100	BREAK
1100 – 1230	Case Discussions Case #1 Case #2
1230 – 1330	LUNCH
1330 – 1430	Medications (Types/Indications/Uses) i) Oral (30 min) ii) Injectables (Insulins/GLP1-As) (30 min)
1430 – 1500	Sponsored lecture
1500 – 1530	BREAK (& Signing for CPD Points)
1530 – 1700	Case Discussions Case #3 Case #4
1700 – 1730	Assessment 1
1730	END OF DAY 1

DAY 2: August 4, 2019 (Sunday)	
0800	REGISTRATION
0830 – 0930	Outpatient Management of Type 2 i) Assessment and Treatment at Diagnosis (30 min) ii) Assessment and Treatment at Follow-up (30 min)
0930 – 1000	Sponsored lecture
1000 – 1015	Q & A session (15 min)
1015 – 1045	BREAK
1045 – 1215	Case Discussions Case #5 Case #6
1215 – 1315	LUNCH
1315 – 1345	Assessment of Complications (30 min)
1345 – 1415	Monitoring and Targets (30 min)
1415 – 1430	Q & A session (15 min)
1430 – 1500	Dietary Management of Diabetes (30 min)
1500 – 1530	BREAK (& Signing for CPD Points)
1530 – 1700	Case Discussions Case #7 Case #8
1700 – 1730	Assessment 2
1730	END OF COURSE

\* subject to change

## Resource Persons

### 1. Professor Dato' Mafauzy Mohamed

Professor of Medicine and  
Senior Consultant Endocrinologist  
Hospital Universiti Sains Malaysia (HUSM), Kelantan

### 2. Associate Professor Norlaila Mustafa

Senior Consultant Endocrinologist and Head,  
Department of Medicine, Hospital Canselor Tuanku Mukhriz,  
UKM Medical Centre (UKMMC), Kuala Lumpur

### 3. Associate Professor Wan Mohd Izani Wan Mohamed

Consultant Endocrinologist/ Senior Lecturer  
Department of Medicine  
Hospital Universiti Sains Malaysia (HUSM), Kelantan

### 4. Dr. G. R. Letchuman Ramanathan,

Senior Consultant Physician,  
Raja Permaisuri Bainun Hospital,  
Ipoh, Perak

### 5. Dr. Ng Ooi Chuan,

Medical Lecturer & Head Endocrine Unit  
Medical Department,  
Universiti Putra Malaysia, Selangor

## Registration & Fees

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the '**NADI ADVOCATE**' FOR GENERAL PRACTITIONERS – **REGIONAL DIABETES COURSE** by mail or fax.

Registration fee covers admission to '**NADI ADVOCATE**' FOR GENERAL PRACTITIONERS – REGIONAL DIABETES COURSE sessions and identification tag and printed materials, Course lunches and tea/coffee breaks. The fees are as follows:

### **COURSE FEES\*: RM450** *\*subsidies rate*

Course fee should be made payable to: **National Diabetes Institute**. Please refer to the instruction on payment.

## NADI Advocates for 2019 - 2020

**Dr. Koeh Bee Hoay**, *Bukit Mertajam, Pulau Pinang*

**Dr. Lee Hock Huat**, *Bukit Mertajam, Pulau Pinang*

**Dr. Mohd Azamani Bin Rawi**, *Kuantan, Pahang*

**Dr. Muhamad Najmi Bin Nadzir**, *Gurun, Kedah*

**Dr. Ooi Gaik Choo**, *Nibong Tebal, Pulau Pinang*

**Dr. Rena Menon A/P N. Ramachandran**, *Temerloh, Pahang*

**Dr. Tee Chik Kiong**, *Muar, Johor*

### ***For further Information and Updates regarding the Regional Diabetes Course 2019 (RDC 2019) please contact:***

The Secretariat (Attention: Ms. Mardhiyyati / Ms. Rosmawati / Ms. Farah / Ms. Hidayah / Ms. Suhana)

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## About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our Prime Minister YAB Tun Dr. Mahathir Mohamad as Patron.

### **The National Diabetes Institute (NADI) was awarded The Brandlaureate CSR Awards 2018.**

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle



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