



Professor Abdul Basit is Director of Baqai Institute of Diabetology & Endocrinology (BIDE) which was established in 1996 under Baqai Medical University in Karachi, Pakistan. The Institute offers Diploma in Diabetology for family physicians, the first of its kind in Pakistan. So far 300 plus doctors have been trained providing a firm infrastructure for future development of nationwide diabetes care network. Prof. Abdul Basit is Regional Chair for IDF Diabetic Foot Programme-MENA Region.

BIDE is also amongst one of the eight centres of diabetes education recognized by the IDF. Under his Chairmanship, National Diabetes and Diabetic Foot Programme has been successfully completed. Insulin My Life project for type-1 diabetics is also run by BIDE. Lately Gestational Diabetes project for a nationwide campaign has also been approved. He is also author of more than 60 publications published in national and international indexed journal. Studies on Primary Prevention of Diabetes, Ramadan Fasting and Genetic Studies are his main research interest.